the Idea...

In the early 1990s, with the growing network of northern Illinois trails, the Illinois Department of Natural Resources suggested a "Grand Illinois Trail" in the Illinois State Trails Plan. The concept was enthusiastically supported by cities and villages; park, forest preserve, and conservation districts; and non-profit organizations; the many local partners involved in the Grand Illinois Trail.

An Executive Council was formed, with representatives of state agencies and three regional coalitions — Northern Illinois, "Canal Country," and Northwestern Illinois — serving on the council. Together, local partners and the Executive Council have reached out to link existing trails, develop new trails and establish on-road connections to make traveling the Grand Illinois Trail a continuous, memorable experience.

the Guide…

The GIT User's Guide is meant to help you plan your trip as you explore the Grand Illinois Trail. The guide divides the trail into ten (10) segments, each with a map and "clockwise"-oriented cue sheet for directions and local features to enjoy. You'll find nearby accommodations including lodging, camping, food, and bike repair. Detailed maps guide you through areas with many turns.

Enjoy the best of Illinois on the Grand Illinois Trail!

The Grand Illinois Trail's

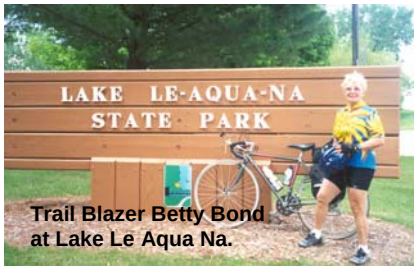
TRAIL BLAZER PROGRAM

Blaze the 500-mile Grand Illinois Trail as part of a "Trail Blazer" program sponsored by the Illinois Department of Natural Resources.

The program officially began at the June 3, 2000, Grand Illinois Trail Celebration, an event highlighting advances in developing the "GIT".

Trail Blazers are required to complete the trail within one year from the date they are enrolled, by either a single trip or several trips, and submit a journal indicating that all seventeen checkpoints have been visited. In your journal, indicate the date and time you reach the checkpoints and include interesting experiences. Photography is always encouraged, but not required.

Trail Blazers will be recognized at a ceremony at the first meeting of the GIT Executive Council after National Trails Day, the first Saturday in June.

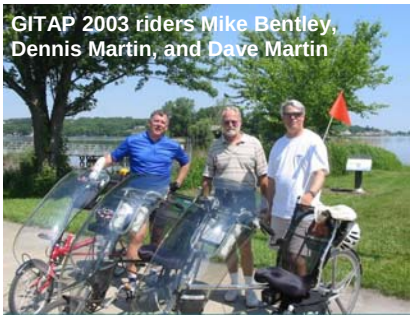


Trail Blazer Betty Bond at Lake Le Aqua Na.

Trail Blazer Gerry Fekete and Jim Gross.

New Trail Blazers will receive a T-shirt and certificate as our way of saying thanks and congratulations. And, you'll bring home a new appreciation of the diverse landscapes of northern Illinois. For further information, or to sign up, contact the IDNR at 217/782-3715 or email greenways@dnrmail.state.il.us

GITAP BIKE TOUR


GITAP 2003 riders Mike Bentley, Dennis Martin, and Dave Martin

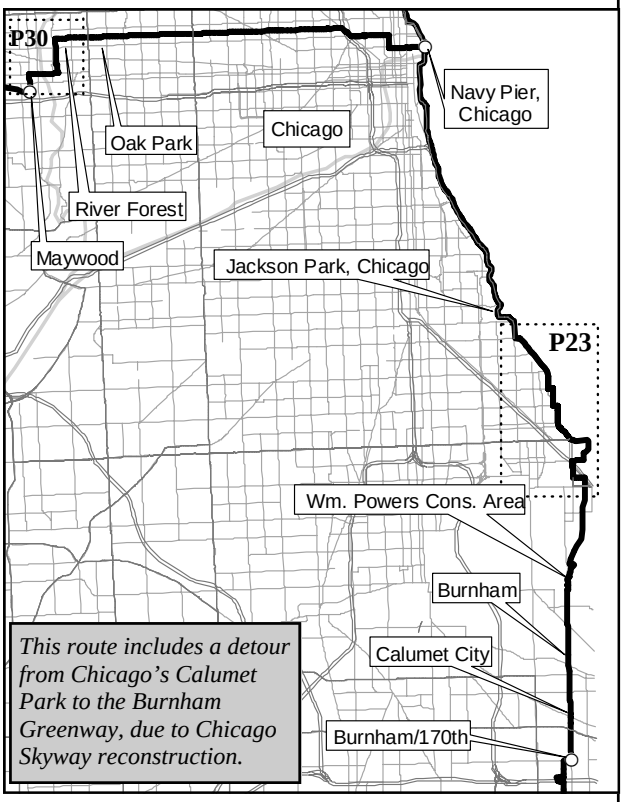
If you prefer to do your Trail Blazing on a supported group ride, you can "GITAP" and go!

The Grand Illinois Trails and Parks (GITAP) tour is a week-long cycling journey along large sections of the GIT route, with overnights in Illinois state park campgrounds or nearby motels. The June ride was first held in 2003 by the League of Illinois Bicyclists (www.bikelib.org/gitap) and the IDNR (http://dnr.state.il.us/orep/planning/git.htm). Find out more either on-line or by calling 217/782-3715 or 630/978-0583.

Major Attractions

Stunning views from every direction crown Chicago's world-class lakefront path. Amenities, attractions, and accommodations for urban trail users burnish this "grand jewel" of the Grand Illinois Trail.

- Oak Park - Frank Lloyd Wright studio, homes; and Hemingway museum
- Augusta Blvd. - moderate traffic through a microcosm of the entire city
- Navy Pier - a classy carnival of excitement and culture, accessible from the lakefront path.
- Chicago's Lakefront Path - a green meander between the refreshing lake and the invigorating city, with points of interest at every spin of the wheel or step of the sneaker. Museums, art, zoos, beaches, parks...what a picnic!
- Burnham Greenway - an oasis of recreation with playing fields, paths, and a fishing pond.



Accommodations fairly close to the trail:

Lodging:

Melrose Park: Days Inn, 1900 N Manheim, 708-681-3100

Oak Park: Carlton Hotel, 1110 Pleasant, 708-848-5000; Write Inn, 211 N Oak Park, 708-383-4800; Under the Ginkgo Tree, 300 N. Kenilworth, 800-696-4570; B R Guest House, 1044 N. Humphrey, 708-383-9977; Cheney House B&B, 520 N. East Ave, 708-524-2067

Chicago: Include Youth Hostel Chicago International, 6318 N Winthrop, 773-262-1011; Hosteling International-Chicago, 24 E Congresss Parkway, 312-360-0300. For more information call Chicago Office of Tourism at 312-744-2400

Calumet City: Baymont Inn, 510 E. End Ave, 708-891-2900; Settle Inn, 749 Torrence, 708-832-1668

Lansing: Starway Inn, 708-895-7810; Comfort Suites, 708-418-3337; Days Inn, 708-474-6300; Ramada, 708-474-6900; Red Roof Inn, 708-895-9570; Sleep Inn, 708-418-3700; Super 8, 708-418-8884

Cue Sheet -- Maywood to Lansing, 39 miles

Start: **Maywood**—Illinois Prairie Path & 5th Ave

Go	Dir	On	Miles	Total
L	N	5th Ave	0.5	0.5
R	E	Washington Blvd	0.8	1.3
L	N	Keystone Ave	0.3	1.6
L	NW	Hawthorne Ave (bridge underpass)	0.0	1.6
R	N	Keystone Ave	0.8	2.4
R	E	Augusta Blvd	8.2	10.6
R	SW	Milwaukee Ave (over bridge)	0.4	11.0
L	E	Chicago Ave	1.1	12.1
R	S	Wells St	0.4	12.5
L	E	Illinois St	1.4	13.9
R	S	Chicago Lakefront Path	10.0	23.9
L	E	South Shore Dr/ US 41	0.2	24.1
		(follow well-signed Lake Shore Bike Route)		
R	SE/S	South Shore Dr/ US 41	1.8	25.9
L	E	83rd St/ US 41	0.1	26.0
R	S	Burley Ave/ US 41	0.5	26.5
L	E	87th St/ US 41	0.1	26.6
R	S	Mackinaw Ave/ US 41	0.6	27.2
L	SE	Ewing Ave/ US 41	0.5	27.7
L	E/S	95th/ Grilly/ Foreman/ Walton (Calumet Park)	1.2	28.9
R	W	100th St	0.3	29.2
L	S	Ewing Ave/ US 41	0.5	29.7
L	E	104th St	0.3	30.0
R	S	Burnham Greenway to Wm Powers Area sign	2.2	32.2
L	SE/S	Through Conservation Area to park office	1.4	33.6
		(follow fork at Wm.Powers Area right, then left, then right)		
L	S	Avenue O/ Burnham Ave	5.0	38.6

Burnham Ave and 170th St—**Lansing**

Food is available throughout this section, except on portions of the Chicago Lakefront path.

Bicycle Repair:

Oak Park: Barnard's, 6109 W North Ave, 708-524-2660; Oak Park Cyclery, 1113 Chicago Ave, 708-524-2453

Chicago: Art's Cycle, 1636 E 55th St, 773-363-7524; Kozy's, 601 S. LaSalle, 312-360-0020; Mission Bay, 738 W Randolph, 312-466-9111; Rapid Transit Cycle Shop, 1900 W North Ave, 773-227-2288; Recycle Bicycle Shop, 1465 S Michigan, 312-987-1080; Village Cycle Center, 1337 N Wells, 312-751-2488; Wheels & Things, 5210 S Harper, 773-493-1781

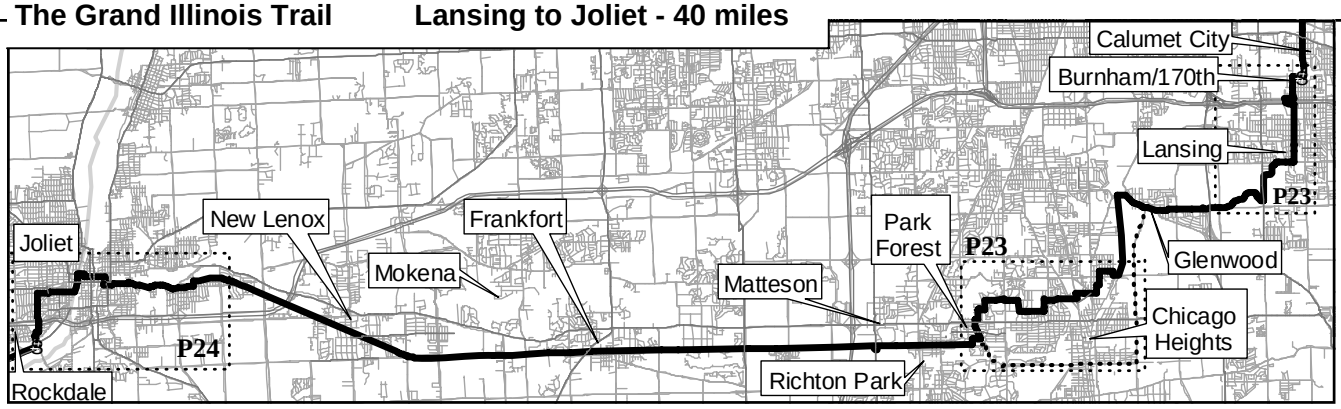
Emergency Information:

State Police: District Chicago, 630-294-4400

Hospital: Dial 911

While in Chicago, find out what makes it one of the top bicycling cities in America. Plan to spend some time exploring its many facets, including the entire Lakefront Path.

The Grand Illinois Trail Lansing to Joliet - 40 miles



Major Attractions

Forest preserves, quiet streets and roads (and, yes, some not-so-quiet ones), and a wonderful trail, the Old Plank Road Trail, make for classy urban-suburban recreation and transportation.

- Burnham Greenway Trail - Four miles of this path are now open, more coming.
- Thorn Creek Trail - Nice path through forest preserve
- Old Plank Road Trail - A rail-trail conversion in the heart of suburbia

Accommodations fairly close to the trail:

Lodging: Call the Chicago Southland Visitors Bureau, 173rd St, Lansing, 888-895-8233
Chicago Heights: Star Hotel, 460 W Lincoln Hwy/ US 30, 708-481-3050
Matteson: Baymont Inn, 5210 Southwick Dr, 708-503-0999; Holiday Inn, 500 Holiday Plaza, 708-747-3500; Matteson Inn, 5200 Lincoln Hwy, 708-481-3900; Matteson Motel, US 30 & Kildare, 708-748-2280; Country Inn & Suites, 708-748-4740
Frankfort: Abe Lincoln Motel, 10841 W Lincoln Hwy, 815-469-5114 **Mokena**: Super 8, 708-479-7808
New Lenox: Buff's Motel, US 30 & Anderson, 815-485-2352; Walona Motel, US 30, 815-485-8232
Joliet: Plaza Hotel, 26 W Clinton, 815-726-6195; Comfort Inn, 135 S. Larkin, 815-744-1770; Harrah's Casino and Hotel, 151 N. Joliet, 815-740-7800; Super 8, 1730 McDonough, 815-725-8855. Motels near Houbolt Rd & I-80: Fairfield Inn, 815-741-3499; Hampton Inn, 815-725-2424; Ramada Limited, 815-730-1111
Camping: **Joliet**: Martin Campground, 725 Cherry Hill Rd, 815-726-3173

Cue Sheet -- Lansing to Joliet, 40 miles

Start: **Lansing**—Burnham Ave at 170th St

Go	Dir	On	Miles	Total
R	W	170th St	0.3	0.3
L	S	Chicago Ave (cross Bernice Rd)	0.5	0.8
R	W	Bernice Ave	0.2	1.0
L	S/E	Railroad Ave (under I-80)	0.2	1.2
R	S	Chicago Ave	1.4	2.6
R	W	186th St (through Thorn Creek South Trail Forest Preserve parking lot)	0.3	2.9
L	S	Thorn Creek South Trail	1.2	4.1
R	W	Thorn Creek South Trail	2.4	6.5
		(Move onto Glenwood-Lansing Rd/ Main St)		
	W	Glenwood-Lansing Rd/ Main St	1.3	7.8
L	NW	Chicago Hts/Glenwood Rd	0.3	8.1
L	S/W	Trail - **Chicago Heights**	1.9	10.0
R/R	E/N	Joe Orr Rd, then Normal Ave	0.2	10.2
L	W	Eastgate Ave	0.3	10.5
L	S	Lowe Ave	0.3	10.8
R	W	7th Pl	0.1	10.9
L	S	Union Ave	0.2	11.1
R	W	Parkside Ave	0.5	11.6
L	S	Chicago Rd	0.1	11.7
R	W	10th St	0.7	12.4
R	N	Ashland Ave	0.2	12.6
L	W	8th St	0.4	13.0
L	S	Damico Dr	0.2	13.2
L	W	10th/207th St	0.6	13.8
R	N	Western Ave	0.0	13.8
L	W	207th St - **Olympia Fields**	0.5	14.3
L	S	Corinth Rd	0.2	14.5
R	W	Paris Rd	0.1	14.6
L	S/W	London Dr	0.3	14.9
L	S	Orchard Dr - **Park Forest**	0.5	15.4
R	W	Indiana St	0.1	15.5
L	S	Grant Rd	0.1	15.6
	SE	To Old Plank Rd Trail (OPRT)	0.1	15.7
R	W	OPRT to Cicero Ave - **Matteson**	2.2	17.9
	W	OPRT to White St - **Frankfort**	6.3	24.2
	W	OPRT to Cedar St - **New Lenox**	6.2	30.4
	W	OPRT to Park St - **Joliet**	3.9	34.3
L	S	Park St	0.2	34.5
R	W	Washington St	2.0	36.5
R	N	Eastern/ Richards St	0.2	36.7
L	W	Clinton St	0.3	37.0
R	N	Joliet St	0.1	37.1
L	W	US 30/ Cass St	0.2	37.3
L	S	Bluff St (1st left after bridge)	0.4	37.7
* E-bound use 1st bridge (Jefferson) to Eastern/Richards				
R	W	Marion St (marked rte to I&M)	0.9	38.6
L	S	Wheeler Ave	0.9	39.5
R	W	Belleview Ave	0.1	39.6
L	S	Thorne St	0.1	39.7
R	W	Meadow Ave	0.0	39.7
L	S	Brandon St	0.2	39.9

I&M Canal Trail at Brandon St—**Joliet**

Emergency Information:

State Police: Dist. 5: 815-726-6291; Hospitals: Dial 911

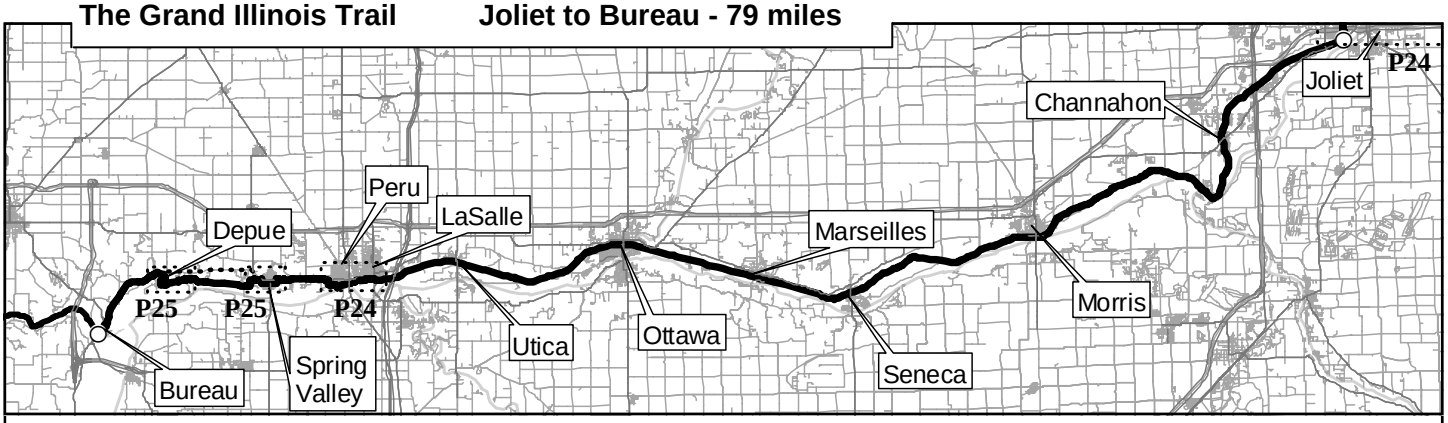
Food is available at or near the many locations between Burnham Greenway and the Old Plank Trail.

Food is labeled by (C) convenience or *(S) full service.*
Calumet City (S), Glenwood(CS), Chicago Heights (C), Park Forest (C), Matteson (CS), Frankfort (CS), Mokena (CS), New Lenox (CS), Joliet (CS).

Bicycle Repair:

Calumet City: Calumet City Schwinn, 754 Burnham, 708-891-2600
Richton Park: Sports & Hobbies, 3740 Sauk Trail, 708-748-3100
Frankfort: Bicycle Peddler, 16 W Elwood, 815-469-3594
New Lenox: Pedal Power Cyclery, 1831 E Constitution, 815-485-7188
Joliet: Dave's Bikes, 1416 N Broadway, 815-723-2204, Days Gone Bicycle, 207 Ruby, 815-726-0282; Sumbaum Cycle, 114 N. Larkin, 815-744-5333

The Grand Illinois Trail Joliet to Bureau - 79 miles



Major Attractions

Enjoy the I & M Canal State Trail - savoring history, waterways, and a wide variety of nature at six state parks.

Accommodations fairly close to the trail:

Lodging:

Contact the Heritage Corridor Visitors Bureau, 81 N Chicago, Joliet, 800-926-2262

Channahon: Manor Motel, 23926 W Eames, 815-467-5385

Morris: Park Motel, 1923 Division St, 815-942-1321; Comfort Inn, 70 W. Gore, 815-942-1443; Holiday Inn, 200 Gore, 815-942-6600

Marseilles: Stained Glass Inn B&B, 2555 N. 28 Rd, 815-795-4471

Ottawa: Starved Rock Harbor Villas & Suites, 1 Dee Bennett Rd, 815-434-9200; Prairie Rivers B&B, 121 E. Prospect, 815-434-3226; Marcia's B&B, 3003 N. IL 71, 815-434-5217; National motels near I-80 & IL23: Super 8, 815-434-2888; Holiday Inn Express, 815-433-0029; Hampton Inn, 815-434-6040; Comfort Inn, 815-433-9600

Utica: Landers House B&B, 115 E Church St, 815-667-5170; Starved Rock Inn, US 6 & IL178, 815-667-4238; Starved Rock Lodge, Starved Rock State Park, 800-868-7625; Grand Bear Lodge, 2643 N. IL178, 866-399-3866

LaSalle: Daniel's Motel, 1921 St Vincents Ave, 815-223-3829
Kaskaskia Hotel, 217 Marquette, 815-223-1200

Peru: National motels near I-80 and IL 251: Super 8, 815-223-1848; LaQuinta Inn, 815-225-9000; Comfort Inn, 815-223-8585

Spring Valley: Riviera Motel, I-80 and IL 89, 815-894-2225

Camping:

Channahon: I & M Canal State Trail, access, walk-in, 815-942-0796

Morris: I & M Canal State Trail, Gebhard Woods access, walk-in, 815-942-0796

Marseilles: Illini State Park Campground, 815-795-2448
Troll Hollow Campground, 2265 N 2453rd Rd, 815-795-2537

Utica: Starved Rock State Park Campground, 815-667-

Cue Sheet -- Joliet to Bureau, 79 miles

Start: **Joliet**—I&M Canal Trail at Brandon St

Go	Dir	On	Miles	Total
R	SW	I&M Canal Trail to US 6 - **Channahon**	9.0	9.0
	SW	I&M Canal Tr to Liberty St - **Morris**	14.5	23.5
	W	I&M Canal Trail to IL 170 - **Seneca**	10.5	34.0
	W	I&M Canal Trail to CR 15 - **Marseilles**	5.4	39.4
	W	I&M Canal Trail - **Ottawa**	7.1	46.5
	W	I&M Canal Trail to IL 178 - **Utica**	9.4	55.9
	W	I&M Canal Trail to Lock 14 parking lot	4.5	60.4
L	S/E	Access road	0.1	60.5
L	N	IL 351 (over bridge) - **LaSalle-Peru**	0.2	60.7
L	W	First St/ Canal St/ Water St	2.0	62.7
R	N	Pike St	0.3	63.0
L	W	Main St	0.3	63.3
R	N	Henry St	0.3	63.6
L	W	US 6 - **Spring Valley**	2.8	66.4
(to avoid 3+ mi. of gravel, stay on US 6, then IL 29, to Co 23 - 13 mi.)				
L	S	Cornelia St	0.2	66.6
R	W	St. Paul St	0.8	67.4
R	N	Lawrence St	0.2	67.6
L	W	Dakota St	0.6	68.2
L	S/W	Marquette Rd - **DePue**	4.9	73.1
L	S	Depot St	0.1	73.2
R	W	4th St	0.3	73.5
R	N	East St	0.3	73.8
R	E/N	East St	0.7	74.5
L	SW	IL 29	4.9	79.4

IL 29 and Hennepin Canal Trail—**Bureau**

Food is available at or near the following locations: *C-convenience or S-full service*

Channahon (CS), Morris (CS), Seneca (S), Marseilles (S), Ottawa (CS), Utica (S), LaSalle (CS), Peru (CS), Spring Valley (CS), Depue (C)

Bicycle Repair:

Morris: Grand Schwinn Cyclery, 711 Liberty St, 815-942-1510

Marseilles: Gleason & Co, 385 Main, 815-795-5541 (parts, minor repair only)

Ottawa: Smitty's, 1410 Guion, 815-434-0717

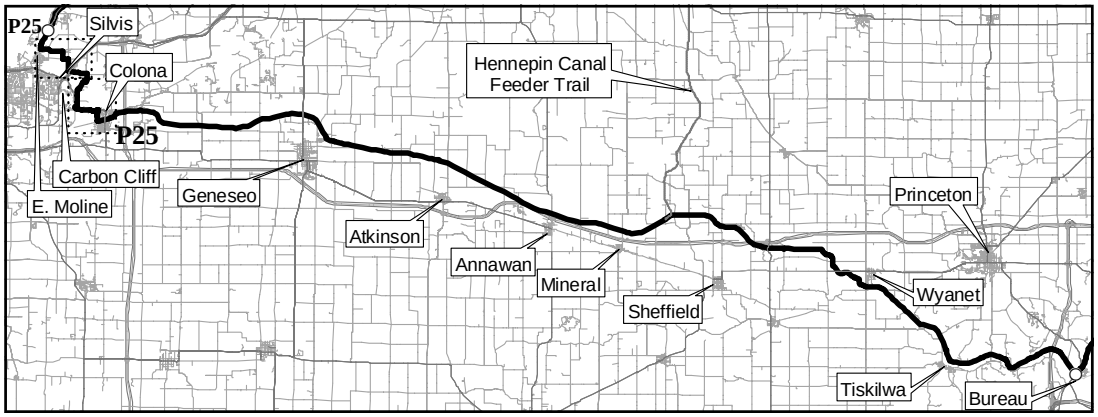
LaSalle: Tullio's Big Dog Cyclery, 238-3rd, 815-223-1776

Bicycle Rental:

Utica: Mix's Trading Post, 815-667-4120

Emergency Information:

State Police: Dist 5, Romeoville: 815-726-6291; Dist 17, LaSalle: 815-224-2250
Hospital: Dial 911



Major Attractions

The flat Illinois prairie extends as far as the eye can see. It's not a sea of grass anymore, but an expanse of crops growing on some of the richest land in the world. Highlights include:

- Bureau - Where the Hennepin Canal meets the Illinois River
- Sheffield - Close to the headquarters of the Hennepin Canal Parkway State Park
- Annawan - Near Johnson Sauk Trail SP
- Atkinson - Giant Goose refuge on old strip mines
- Geneseo - Victorian homes, lively downtown, concerts in the park
- East Moline - See the mighty Mississippi!
- Quad Cities - 10 miles of attractive urban waterfront

Accommodations fairly close to the trail:

Lodging

Tiskilwa: Maple Manor B & B, 320 First St, 815-646-4135
Sheffield: Days Inn, 16733 IL 40, 815-454-2361; Chestnut Street B&B, 301 E Chestnut, 815-454-2419
Geneseo: Maple City Inn, IL 82 & I-80, 309-944-4651; Super 8 Motel, 765 W Main, 309-945-1898
Silvis: Plaza Motel, 1320-1st Ave, 309-792-0677
East Moline: Super 8 Motel, 2201 John Deere Rd, 309-796-1999
Moline: Radisson, Great River Trail & 15th St, 309-764-1000; Super 8 Motel, 1167-19th St, 309-764-9644. Also: Quad Cities Visitors Bureau, 2021 River Dr, 800-747-7800.

Camping:

Sheffield: Hennepin Canal Parkway SP, 815-454-2328
Hickory Grove CG, 7478-1745 North Ave, 815-454-2338
Geneseo: Geneseo CG, 22978 IL 82, 309-944-6465; Spirit in the Oaks, 27340 E 1350th St, 309-944-3889
Barstow: Lundeen's Landing, 21119 Barstow Rd, 309-496-9956

Cue Sheet -- Bureau to East Moline, 67 miles

Start: **Bureau**—IL 29 and Hennepin Canal Trail

Go	Dir	On	Miles	Total
R	W	Hennepin Canal Trail to Bridge 5/ 1880E	7.4	7.4
* To **Tiskilwa**, go S on 1880E or 1800E				
	NW	HCT to Br 10/ Walnut Rd (N to **Wyanet**)	6.8	14.2
	NW	HCT to Visitor Center (S on IL40 to **Sheffield**)	7.0	21.2
	W	HCT to Br 23/ IL 78 (S to **Annawan**)	11.6	32.8
	W	HCT to Br 29/ 2200E (S to **Atkinson**)	6.1	38.9
	NW	HCT to Br 36/ 1500E (S to **Geneseo**)	7.4	46.3
	W	HCT to Hennepin Dr/ 6th St - **Colona**	11.8	58.1
R	N	6th St	0.0	58.1
L	W	5th Ave	0.2	58.3
R	N	7th St	0.5	58.8
L	W	IL 84/ 1st Ave	1.1	59.9
R	N	IL 84/ 2nd Ave - **Carbon Cliff**	0.1	60.0
R	E	10th St	0.1	60.1
L	N	1st Ave/ 172nd St	2.1	62.2
L	W	Barstow Rd	1.0	63.2
R	N	158th St (unmarked)/ County 52	0.6	63.8
L	W	Morton Dr	0.3	64.1
R	N	36th St	0.4	64.5
L	W	4th Ave/ 3rd Ave - **East Moline**	1.2	65.7
R	N	20th St	0.2	65.9
R	NE	IL 84	0.2	66.1
L	NW	Campbell's Island Rd	0.1	66.2
R	NE	Great River Trail	0.6	66.8

Great River Trail at Empire Park—**East Moline**

Food: (C-convenience, S-sit down)
Tiskilwa (CS), Buda (C), Sheffield (CS), Mineral (CS), Annawan (CS), Atkinson (CS), Geneseo (CS), Colona (CS), East Moline (CS)

Bicycle Repair:

Princeton: Bike Works, 1659 N Main St, 815-872-1061
Geneseo: B & B Cyclery, 820 S Chicago, 309-944-2660
Rock Island: Bike & Hike, 3913-14th Ave, 309-788-2092

Emergency Information:

State Police: Dist 17, 815-224-1150; 309-752-4911
Hospital: Dial 911

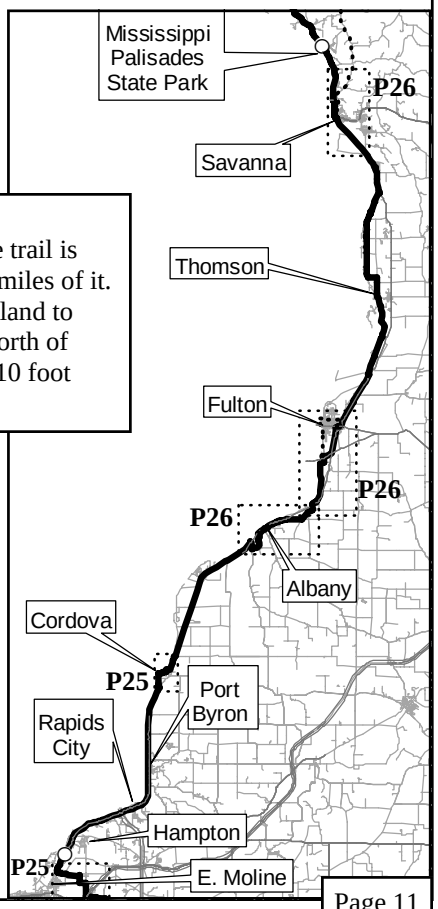
The Grand Illinois Trail East Moline to Mississippi Palisades State Park - 55 miles

Major Attractions

Wonderful Mississippi river vistas and long stretches of paved path make this segment of the GIT exceptional.

- East Moline - Empire Park: Concession and great kids' playground, and "The Quarter".
- Hampton - Heritage Center: interpretive center about river and region with native plants.
- Rapids City - Adventure Quest, and environmental art project near trail
- Port Byron - Classic riverfront downtown
- Albany - Albany Mounds State Historic Site, Native American burials
- Fulton - Authentic Dutch windmill on the river
- Thomson - Unique sand prairie in National Wildlife & Fish Refuge
- Savanna - Downtown nestled against high bluffs
- Miss. Palisades State Park- Stunning views, wild flowers

The Great River Trail
This Mississippi River-side trail is nearing completion, all 65 miles of it. It will extend from Rock Island to Palisades State Park, just north of Savanna -- almost all on a 10 foot paved path.



Accommodations fairly close to the trail:

Lodging:

Moline: Call Quad Cities Conv. & Visit. Bur., Great River Tr & 23rd St, 800-747-7800, www.visitquadcities.com
East Moline: Super 8, 2201 John Deere Expy, 309-796-1999; Best Western, opening soon, next to Super 8.
Port Byron: Olde Brick House, B & B, 502 N High, 309-523-3236
Cordova: Leisure Harbor Inn, B & B, 701 Main, 309-654-2233
Fulton: Maple Lane Motel, IL 136 & US 30, 815-589-3038; Pine Motel, IL 84 & 13th St, 815-589-4847
Thomson: Lynn Wood Links & Lodge, IL 84 & Three Mile Rd, 815-259-8278
Thomson House Villager & Lodge, IL 84 & One Mile Rd, 800-328-7829
Savanna: Granny O'Neils River Inn, 31-3rd, 888-274-4726; Indianhead Motel, 15161 IL 84 N, 815-273-2154; Seven Eagles Resort, IL 84 S, 815-273-7301; Super 8 Motel, IL 84 S, 815-273-2288; L&M Motel, US52 & IL64 E; 815-273-7728

Camping

Hampton: Illiniwek County For Pres, along GRT, 309-496-2620; Fishermen's Corners, GRT, 877-444-6777
Port Byron: Camp Hauberg, along Great River Trail, 309-523-2168
Thomson: Thomson Causeway Rec Area, GRT, 815-259-3628; Fin & Feathers, Riverview Rd on GRT, 815-273-3302; National Wildlife & Fish Refuge, Riverview Rd on GRT, 815-259-3628
Savanna: Mississippi Palisades SP, 815-273-2731; Seven Eagles Resort, 9734 IL84 S, 815-273-7301; Winter's Spring Lake Resort, 8048A IL 84 S, 815-273-4595; Lakewood Resort, Mill Hollow & IL 84, 815-273-4595

Cue Sheet -- East Moline to Mississippi Palisades State Park, 55 miles

Start: **East Moline—**Great River Trail at Empire Park

Go	Dir	On	Miles	Total
	NE	Great River Tr to downtown kiosk - **Hampton**	1.0	1.0
	NE	GRT to riverfront kiosk - **Rapids City**	4.6	5.6
	N	GRT to riverfront kiosk - **Port Byron**	1.8	7.4
	N	GRT to path's end south of Cordova	4.6	12.0
L/R	W/N	3rd St (marked GRT) - **Cordova**	0.9	12.9
R	E	Main St	0.4	13.3
L	N	9th St	0.2	13.5
R	E	3rd Ave	0.2	13.7
L	N	River Rd/ Great River Trail	8.1	21.8
R	S	Meridosia Rd	0.2	22.0
L/L	N	Trail through Albany Mounds Historical Site	0.7	22.7
* Trail meanders through burial mounds made by prehistoric people.				
L	W	11th Ave	0.2	22.9
R	N	Church/ Bluff/ Waller - **Albany**	1.6	24.5
R	E	Palmer Rd	0.9	25.4
L	NE	Ufkin Rd (gravel)	0.5	25.9
L	N	Kennedy Rd/ Co 30 - cross IL 84	0.6	26.5
R	NE/N	Ebson Rd (some gravel)	1.3	27.8
L	N	Levee trail	0.8	28.6
L/R	N	On-road: signs to Fulton Rec path, cross tracks	0.7	29.3
	N	Trail next to road - to levee trail	1.4	30.7
	N/E	Levee trail - **Fulton**	0.8	31.5
* Note authentic Dutch windmill - open to visitors				
R	S	2nd St	0.1	31.6
L	E	9th Ave	1.1	32.7
L	N	Great River Trail	2.7	35.4
L/R	N	Unmarked road	2.1	37.5
L	W/N	Thomson Sand Prairie Trail	2.0	39.5
R	N	Lewis Ave (unmarked)	0.4	39.9
L	W	Main St - **Thomson** (to the right)	0.1	40.0
R	N	Sandridge Rd	1.0	41.0
L	W	Sandpatch Rd	0.5	41.5
R	N/E	Riverview Rd	4.5	46.0
* Visit the Fish & Wildlife interpretive center				
L	N	IL 84 - careful - heavy traffic at times	1.4	47.4
L/R	W/N	Great River Trail (meet IL 84 near Chicago St/ Main St)	3.2	50.6
	N	IL 84/ Main St (caution)	4.0	54.6

Main entrance—**Mississippi Palisades State Park**

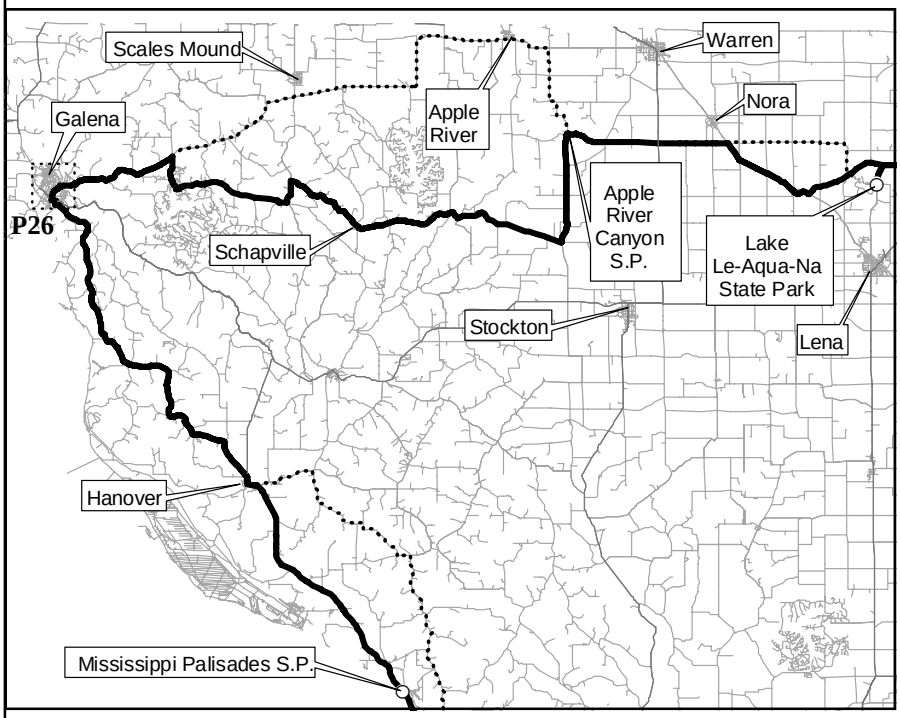
Food is available at or near the following locations (C-convenience; S-sit down): East Moline(CS), Hampton(CS), Rapids City(CS), Port Byron (CS), Cordova(CS), Albany (CS),Thomson(CS), Savanna(CS), Mississippi Palisades State Park(C-seasonal)

Bicycle Repair:

Rock Island: Bike & Hike, 3913-14th Ave, 309-788-2092; **Clinton, Iowa** (across from Fulton): River City Bike Shop, 131-5th Ave, 319-243-8000; **Savanna**: Arnold's, 319 Main, 815-273-7789

Emergency Information: State Police: Dist. 7, 309-755-0428; Dist. 1, 815-625-0151; Hospitals: Dial 911

The Grand Illinois Trail Mississippi Palisades State Park to Lake Le-Aqua-Na State Park - 68 miles



Major Attractions

This is spectacular cycling country for those who are willing to accept the challenge of many ups and downs. The glaciers missed this section of Illinois; don't you.

- Hanover - Mallard Duck capital of the world.
- Blackjack ridge - Sweeping views of the valley.
- Galena - Lovingly restored 19th century city.
- Unglaciated terrain - Beautiful, but challenging.
- Apple River Canyon St. Park - Unique geology.
- Lake Le-Aqua-Na St. Park - Fish, swim or hike.

Accommodations fairly close to the trail:

Lodging:

Galena: Info and reservations: 122 S Bench, 815-777-8400
Best Western Motel, US 20 W, 515-777-2577; Chestnut Mt. Resort, Blackjack Rd, 800-397-1320; DeSoto House Hotel, 230 Main, 800-343-6562; Grant Hills Motel, US 20 W, 815-777-2116; LeFevre Inn & Resort, Deininger Ln, 815-777-3929; Stoney Creek Inn, 940 Galena Sq Dr, 815-777-2223
In addition, Galena has about 75 B & Bs - check at info center above.

Stockton: Valley Vu Motel, 400 E. North, 815-947-2529 **Lena**: Sugar Maple Inn B & B, 607 Maple St, 815-369-2786

Camping

Hanover: Blanding's Landing Rec Area, 815-591-2326 **Galena**: Palace Campground, US 20 W, 815-777-2466
Apple River: Apple River Canyon State Park, 815-745-3302 **Lena:** Lake Le-Aqua-Na State Park, 815-369-4282

Cue Sheet

Mississippi Palisades SP to Le-Aqua-Na SP, 68 miles

Start: **Mississippi Palisades State Park—**Main entrance

Go	Dir	On	Miles	Total
	NW	IL 84 - **Hanover**	10.5	10.5
R	N	IL 84 (road turns R downtown)	0.3	10.8
slant-L	NW	Blackjack Rd (great ridge road, very hilly)	15.1	25.9
L	W	Rives St	0.1	26.0
R	N	3rd St	0.1	26.1
L	W	US 20/ Spring St (take care, heavy traffic)	0.2	26.3
R	N	Main St, downtown - **Galena**	0.7	27.0
R	E	Meeker St/ Field St/ Stagecoach Tr/ Co 3	4.7	31.7
R	S/E	Miner Rd/ Guilford Rd/ Rawlins Rd	5.8	37.5
L	N	Elizabeth-Scales Mound Rd	0.9	38.4
R	SE	Schapville Rd/ Co 15 - **Schlapville**	3.3	41.7
	E	Schapville Rd/ Co 15	3.8	45.5
R	SE	Scout Camp Rd/ Co 9	0.3	45.8
L	E	Townsend Rd	4.2	50.0
L	N	N. Canyon Park Rd/ Co 18	4.1	54.1
R	E	E. Canyon Rd	6.1	60.2
R	SE	Stagecoach Tr/ Co 13/ Co 6	3.9	64.1
L	NE	Pinhook Rd	3.2	67.3
R	S	N. Lake Rd	0.7	68.0

Entrance—**Le-Aqua-Na State Park**

Food is available at or near the following locations: (C-convenience, S-sit down) Hanover(CS), Galena(CS), Schapville(water), Stockton(CS), Apple River Canyon State Park(C-seasonal), Warren(CS), Nora(S), Lake Le-Aqua-Na State Park (C-seasonal), Lena (CS)

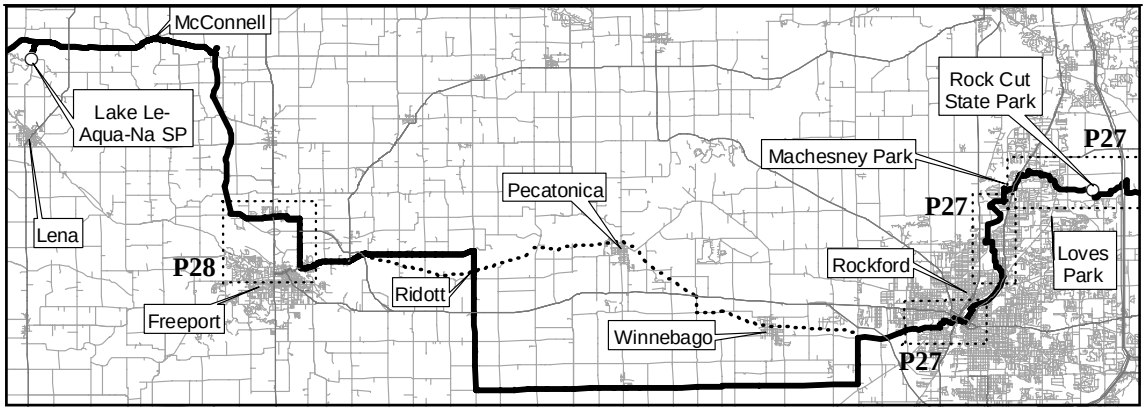
Bicycle Repair:
Galena: Velo City Sports, 11400W, US 20, 815-776-9075

Bike Rental: Chestnut Mtn Resort, 815-777-1320

Emergency Information:
State Police: 815-963-9686 Hospitals: Dial 911

Alternate Routes: *To avoid IL 84 north of Savanna, use the following: N-4th/Scenic Ridge Rd; N-Derinda Rd; W-Hanover Rd; S-Plateau St; W-Jefferson St to Hanover. This route is hilly and about 6 miles longer than using IL 84.*

The route from Galena to Apple River Canyon is very challenging and unsupported. A somewhat easier route - with two small towns, but heavier traffic - follows Stagecoach Trail from Galena to N. Canyon Park Rd, then south to Apple River Canyon State Park. (25.5 miles)



Major Attractions

Ride the rolling landscape into prairie country, abounding in sweeping vistas and lush greenways.

- Lena - Small town charm with lovely shops, restaurants
- Freeport - Charming, historic city
- Pecatonica Prairie Path - Upgrading in the works
- Rockford - great Rock River paths at its heart
- Rock Cut State Park - a mecca for nature fans

Accommodations fairly close to the trail:

Lodging:

Lena: Sugar Maple Inn B & B, 607 Maple, 815-369-2786
Freeport: Amerihost, 1060 Riverside, 800-434-5800; Windhaven, 5719 W. Preston Rd, 815-232-3928; Paradise Found, 5176 W. Stephenson, 630-896-5155; Stephenson Hotel, 109 S. Galena, 888-320-7820; Super 8 Motel, 1649 Willard, 815-232-8880
Winnebago: The Victorian Veranda, 8430 W. State Rd., 815-963-1337
Rockford: For visitor information, contact Rockford Area Visitors Bureau, 800-521-0849, www.gorockford.com. Cliffbreakers Suites, 700 W. Riverside, 815-282-3033; Fox Run B&B Inn, 2815 N. Rockton Ave, 815-963-8151; Villager Lodge, 4404 E. State, 815-399-1890; Travelodge, 4850 E. State, 815-398-5050; Sweden House Lodge, 4605 E. State St, 815-398-4130; 17 more hotels near State St & I-90
Machesney Park: River House B&B and Teepee Lodge, 11052 Ventura Blvd., 815-636-1884
Loves Park: Days Inn, 4313 N Bell School Rd., 815-282-9300

Camping

Lena: KOA Kampgrounds, 10982 US 20, 866-536-2562
Cedarville/ Freeport: Fenwood Aquaculture Campground, W. Richland Rd at Jane Addams Trail, 815-238-0313
Pecatonica: Pecatonica River Forest Preserve, 14260 Brick School, 815-877-6100; Seward Bluffs Forest Preserve CG, 16999 Comly Rd, 815-877-6100
Loves Park: Rock Cut State Park, 815-885-3311

Cue Sheet -- Le-Aqua-Na State Park to Rock Cut State Park, 67 miles

Start: **Le-Aqua-Na State Park**

Go	Dir	On	Miles	Total
	N	N. Lake Rd.	0.6	0.6
R	E/NE	W. Lake Rd/ McConnell/ Co 7	5.0	5.6
R	SE	McConnell Rd/ Co 19	2.5	8.1
R	S	Jane Addams Trail	6.7	14.8
L	E	Klever Dr/ Fairview Rd	2.9	17.7
R	S	Henderson Rd.	2.0	19.7
L	E/NE	IL 75	2.0	21.7
(See below- shortcut on the dirt Pecatonica Prairie Path)				
R	E	River Rd/ Co 8	5.0	26.7
R	S	Rock City Rd/ Co 10	5.6	32.3
L	E	Edwardsville Rd/ Co 4	15.5	47.8
L	N	Meridian Rd/ Co 24	1.9	49.7
R	E	Cunningham Rd.	2.6	52.3
L	NE/E	Cunningham St - **Rockford**	0.8	53.1
L	N/E	Corbin St/ Curve St.	0.3	53.4
L	N	Avon St.	0.1	53.5
R	E	Cedar St.	0.3	53.8
L	N	Court St.	0.2	54.0
R	E	Elm St.	0.2	54.2
L	N	Wyman St.	0.1	54.3
R	E	State St (over bridge)	0.2	54.5
L	N	Water St.	0.1	54.6
R	E	Market St.	0.1	54.7
R	E	Market St.	0.1	54.7
L	N	Madison St.	0.6	55.3
L	W	Wilgus Ct.	0.1	57.4
R	N	Arlington St.	0.3	57.7
	N	Forest Grove St.	0.1	57.8
	W/N	Rock River Rec Path	0.4	58.2
L	W/N	East Dr.	0.4	58.6
L	W	River Ln.	0.1	58.7
R	N	Rock River Rec Path	0.3	59.0
L	W/N	Cross river, then road (Riverside)	0.2	59.2
	N	Rock River Rec Path	1.6	60.8
	N	Bauer Path	0.6	61.4
R	E	Bauer Pkwy & bridge	0.7	62.1
L	N	Victory Ln	0.6	62.7
R	E	Machesney Rd.	0.4	63.1
L	N	Frontage Rd.	0.6	63.7
R	E/N	Crystal Dr.	0.5	64.2
R	E	Gladys Dr (to Harlem Ave light)	0.5	64.7
	E/S	High school (thru 1st lot on right)	0.1	64.8
L	E	Willow Creek Trail	2.6	67.4
Alternative route — Pecatonica Prairie Path - from IL 75				
R	SE	Pecatonica Prairie Path (dirt)	15.0	
R	S	Hoisington Rd.	0.8	
L	E	Comly Rd.	1.5	
R	SE	Pecatonica Prairie Path	5.0	

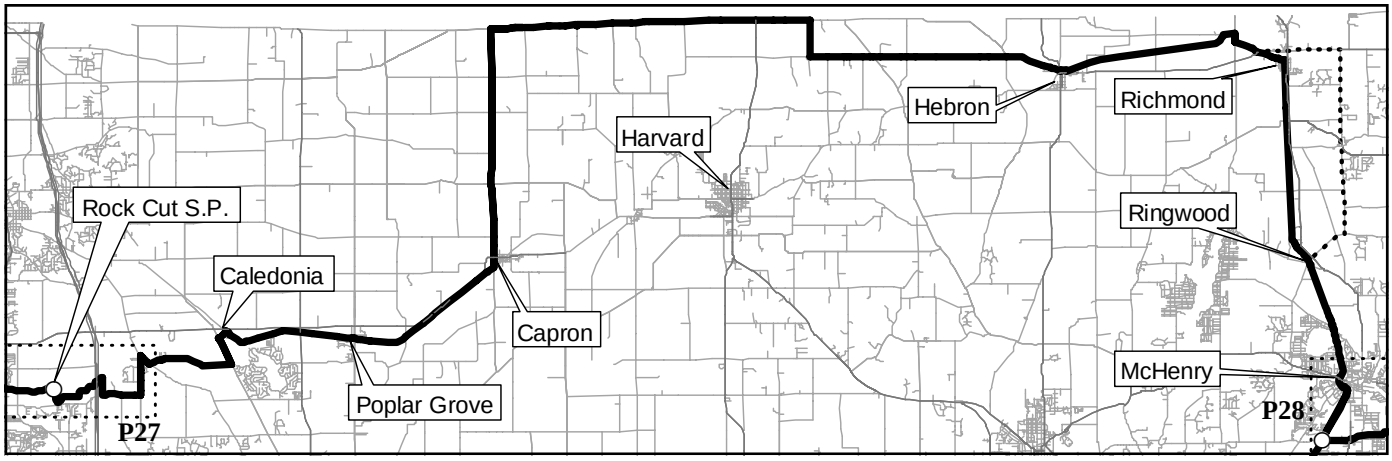
Willow Creek Trail at **Rock Cut State Park**

Food (C-convenience, S-sit down): McConnell(C), Freeport (CS), Ridott (C), Pecatonica(CS), Winnebago (C), Rockford (CS), Rock Cut State Park (C-seasonal)

Bicycle Repair:

Dakota: Tyger's, 510 Main, 815-449-2203
Freeport: Kegel's, 120 Chicago, 815-235-2014
Rockford: Bicycle Connection, 2408 N. Main, 815-966-2453; Bike Path Outfitters, 843 Madison, 815-968-2453; Kegel's, 2605 Charles St, 815-229-5826
Loves Park: Bob's, 7921 Venus St, 815-633-4263; Rockford Bicycle Co, 6132 E Riverside Blvd, 815-636-0664; Shosie's Cyclery, 514 Windsor Rd, 815-633-0755
Machesney Park: Cycle M, 11604 N 2nd St, 815-633-4584; Humpal's, 8750 2nd St, 815-636-8513

Emergency Information: State Police: 815-963-9686; Hospital: Dial 911



Major Attractions

Enjoy the rural topography of northern Illinois along paths and almost traffic-free roads. This is cow and corn country — and, yes, some pines.

- Capron - Small town trail's end
- State Line Road - Wisconsin on the left, Illinois on the right
- Hebron - Small town personified
- Richmond - Shoppes, crafts, antiques
- McHenry - Gateway to the lakes

Accommodations fairly close to the trail:

Lodging:

Rockford and Loves Park: See Page 15.

Harvard: Amerihost Inn, 1701 Division, 815-943-0700, Harvard Inn Motel, 5508 S US 14, 815-943-5404
Hebron: Hi-De-Ho Motel, 10513 IL 47, 815-648-2203
Richmond: Days Inn, 11200 US 12, 815-678-4711, Drake Motel, 8613 US 12, 815-678-3501
McHenry: Paradise Cove Motel, 3309 N Chapel Hill, 815-344-3131; Riverside Hotel, 3308 W Elm, 815-385-0266; Riverside Annex, 4003 Main, 815-385-8885; Super 8 Motel, 110 S IL 31, 815-244-9200

Camping:

Richmond: Chain O' Lakes State Park, 847-587-5512

Cue Sheet -- Rock Cut SP to McHenry, 59 miles

Start: **Willow Creek Trail at Rock Cut State Park**

Go	Dir	On	Miles	Total
	S/E	Rock Cut SP road system	2.2	2.2
L	E	Harlem Rd	1.1	3.3
L	N	Argyle Rd	1.0	4.3
R	SE	Beloit Rd	0.4	4.7
L	E	Kelley Rd	2.4	7.1
L	N	Caledonia Rd/ Co 7 - **Caledonia**	0.8	7.9
R	NE	Main St	0.3	8.2
R	E	Long Prairie Trail - **Poplar Grove**	3.7	11.9
	NE	Long Prairie Trail - **Capron**	4.5	16.4
L	N	Capron Rd/ Co 2	6.7	23.1
R	E	State Line Rd	9.0	32.1
R	S	Gasch Rd	1.0	33.1
L	E	Hebron Rd - **Hebron**	7.1	40.2
L	N	Main St/ IL 47	0.1	40.3
R	E	Mead Ave	0.2	40.5
R	S	Church St	0.0	40.5
L	E	Hebron Trail	4.6	45.1
R	E	Burgett Rd	0.3	45.4
R	S	Keystone Rd	0.3	45.7
L	SE	Broadway Rd - **Richmond**	1.5	47.2
(see the alternate route to avoid 6 miles of ballast gravel)				
R	S	Prairie Trail (gravel) - **Ringwood**	6.0	53.2
	S	Prairie Trail (paved) - **McHenry**	5.6	58.8

Prairie Trail at Bull Valley Trail—**McHenry**

Food is available at or near the following locations (C-convenience, S-sit down):
Caldonia (S), Poplar Grove (CS); Capron (CS), Harvard (C), Hebron (C), Richmond (CS), McHenry (CS)

Bicycle Repair:

Capron: Side by Side, 142 Main, 815-569-2472
Harvard: Ride & Glide, 5420 S US 14, 815-943-8356
McHenry: Wally's Haven, 2908 IL 120, 815-385-4642

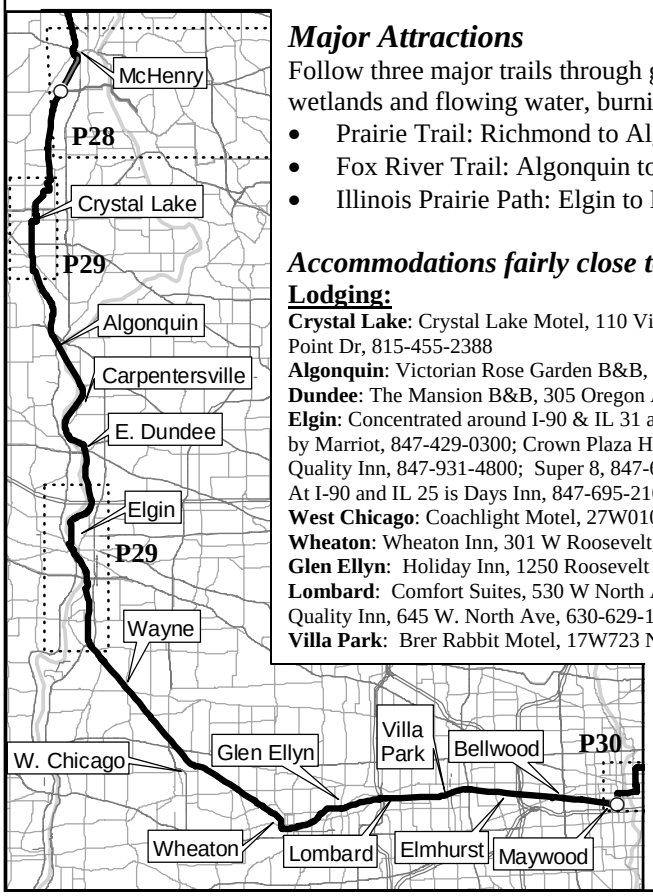
Emergency Information:

State Police: 847-742-3556
Hospital: Dial 911

(Use this route to avoid about 6 miles of ballast on the Prairie Trail from Richmond.)

	E	IL 173, from Broadway	2.3
R	S	N. Solon Rd	2.6
L	E	US 12	0.1
R	S	S. Solon Rd	2.5
R	SW	Ringwood Rd to Prairie Tr	1.4

Three trails, the Long Prairie, the Hebron, and the Prairie, make this section memorable. Straddle the line between Illinois and Wisconsin, and touch upon the vacation ambience of the Chain O' Lakes.



Major Attractions

Follow three major trails through greenways in the midst of Chicago suburbia. Woods and prairie, wetlands and flowing water, burnished riverside towns: this, indeed, is grand riding.

- Prairie Trail: Richmond to Algonquin, diverse scenery
- Fox River Trail: Algonquin to Elgin, follow the Fox
- Illinois Prairie Path: Elgin to Maywood, serene green corridor

Accommodations fairly close to the trail:

Lodging:

Crystal Lake: Crystal Lake Motel, 110 Virginia, 815-459-0476; Holiday Inn, 800 S IL 31, 815-477-7000; Super 8 Motel, 577 Crystal Point Dr, 815-455-2388
Algonquin: Victorian Rose Garden B&B, 314 Washington, 847-854-9667
Dundee: The Mansion B&B, 305 Oregon Ave, 847-426-7777
Elgin: Concentrated around I-90 & IL 31 are: Best Western Plaza, 847-695-5000; Colonial Lodge Motel, 847-742-2790; Courtyard by Marriot, 847-429-0300; Crown Plaza Hotel, 847-488-9000; Hampton Inn, 847-931-1940; Holiday Inn Express, 847-458-6000; Quality Inn, 847-931-4800; Super 8, 847-697-8828; Towne Place Suites by Marriott, 847-608-6320
At I-90 and IL 25 is Days Inn, 847-695-2100
West Chicago: Coachlight Motel, 27W010 North Ave, 630-231-1200
Wheaton: Wheaton Inn, 301 W Roosevelt, 630-690-2600
Glen Ellyn: Holiday Inn, 1250 Roosevelt Rd, 630-629-6000; Super 8, 675 Roosevelt Rd, 630-469-9202
Lombard: Comfort Suites, 530 W North Ave, 630-268-1300; Highland Manor Motel, 19W545 Roosevelt Road, 630-627-5700; Quality Inn, 645 W. North Ave, 630-629-1500; several hotels near Highland Ave and 22nd St
Villa Park: Brer Rabbit Motel, 17W723 North Ave, 630-832-2850; Intown Suites, 350 E Roosevelt Road, 630-941-9075
Elmhurst: Holiday Inn Express, 933 S IL 83, 630-279-0700
Hillside: Holiday Inn, 4400 Frontage Rd, 708-544-9300
Bellwood: Random House Motel, 4205 St. Charles Rd, 708-544-5585
Broadview: Travelodge, 1150 Roosevelt Rd, 708-681-2550

Camping:

Algonquin: Buffalo Park, IL 31 at Kane County Line, 847-658-1188
Warrenville: Blackwell Forest Preserve (off IL56), 630-933-7248

Cue Sheet -- McHenry to Maywood, 54 miles

Start: **McHenry**—Prairie Trail at Bull Valley Trail

Go	Dir	On	Miles	Total
	S	Prairie Trail	5.4	5.4
	S	Lorraine St - **Crystal Lake**	0.2	5.6
R	W	IL 176	0.1	5.7
L	S	Glen Ave	0.2	5.9
L	SE/S	Prairie St/ East St	0.3	6.2
R	W	Crystal Lake Ave	0.2	6.4
L	S	Prairie Trail - **Algonquin**	5.6	12.0
	S	Prairie Trail/ Fox River Trail - **Carpentersville**	4.9	16.9
	S	Fox River Trail - **East Dundee**	1.0	17.9
	S	Fox River Trail - **Elgin**	4.5	22.4
slant-R	S	Grove St	0.2	22.6
R	W	Kimball St (path on S-side of road)	0.1	22.7
L	S	Fox River Trail	2.2	24.9
L	S/SE	Illinois Prairie Path, Elgin Br - **Wayne**	4.9	29.8
	SE	Illinois Prairie Path, Elgin Br - **Wheaton**	9.1	38.9
L	E	Illinois Prairie Path, Main Stem - **Elmhurst**	9.5	48.4
	E	Illinois Prairie Path, Main Stem - **Maywood**	5.2	53.6

Illinois Prairie Path at 5th Ave—**Maywood**

Emergency Information:

State Police: District 2: Elgin, 847-742-3556;
District 15. Downers Grove, 630-241-6800
Hospital: Dial 911

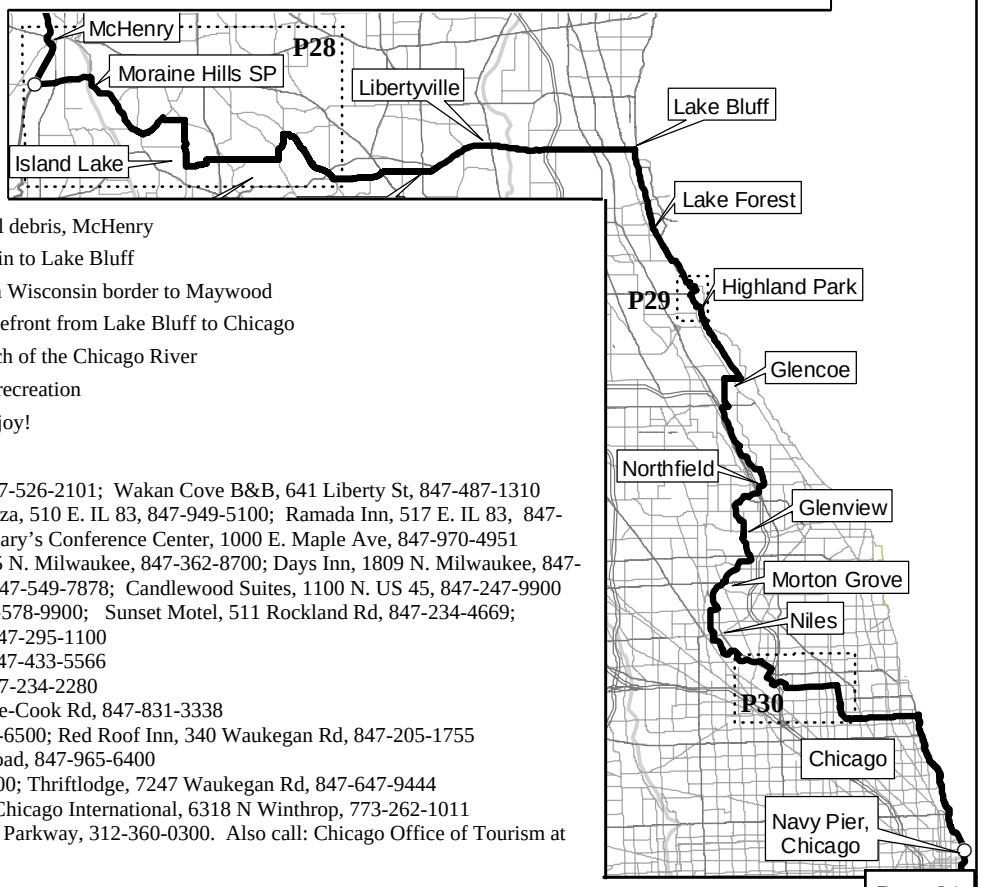
Food is available at or near the following locations (C-convenience; S-sit down):
Crystal Lake(CS), Algonquin(CS), Dundee (CS), Elgin (CS), West Chicago (CS), Wheaton (CS), Glen Ellyn (CS), Lombard (CS), Villa Park (CS), Elmhurst (CS), Bellwood (CS), Maywood (CS)

Bicycle Repair:

Crystal Lake Crystal Lake Ski & Bike, 904 Pyott Rd, 815-455-5450; Village Pedaler, 470 Virginia St, 815-459-1833
Algonquin: Prairie Trail Bike Shop, 315 Railroad St, 815-658-1154
Elgin: Mission Bay, 1110 South St, 847-888-3340
Wheaton: Midwest Cyclery, 117 E Front, 630-668-2424; Spokes, 223 Rice Lake Sq, 630-690-2050
Lombard: J&R Cycle, 716 S Main, 630-620-1606; Koslow Cycle, 21W415 North Ave, 630-629-4773
Villa Park: Old Spokes Home, 117 S Villa Ave, 630-782-5720
Elmhurst: Stemple's Cycle Center, 494 Spring Rd, 630-834-1012

This section of the Grand Illinois Trail can be accessed completely on trails. It has abundant accommodations, scenic towns and villages, the refreshing waters of the Fox River, and a linear prairie oasis in the midst of one of the nation's largest metropolitan areas. Whether for recreation or transportation—or just plain relaxing—this GIT segment is superlative.

Alternate Route: McHenry to Chicago-Navy Pier - 68 miles



Major Attractions

An alternative route featuring some easy road riding before picking up delightful trails on Chicago's north shore.

- Moraine Hills State Park - marsh, bog, glacial debris, McHenry
- North Shore Path - paved trail from Mundelein to Lake Bluff
- Des Plaines River Trail - Mt. Bike route from Wisconsin border to Maywood
- McClory & Green Bay Trails - follow the lakefront from Lake Bluff to Chicago
- North Branch Trail - winds along the N branch of the Chicago River
- Chicago Lakefront Bike Path - superb urban recreation
- Navy Pier: east focus of the trail; stop and enjoy!

Lodging fairly close to the trail

Wauconda: Wauconda Motel, 26671 N US 12, 847-526-2101; Wakan Cove B&B, 641 Liberty St, 847-487-1310
Mundelein: Motels by IL83 & US45: Crowne Plaza, 510 E. IL 83, 847-949-5100; Ramada Inn, 517 E. IL 83, 847-566-5400; Super 8, 847-949-8842; Univ. of St. Mary's Conference Center, 1000 E. Maple Ave, 847-970-4951
Libertyville: at IL137 & IL21: Best Western, 1765 N. Milwaukee, 847-362-8700; Days Inn, 1809 N. Milwaukee, 847-816-8006; Holiday Inn Express, 77 W. Buckley, 847-549-7878; Candlewood Suites, 1100 N. US 45, 847-247-9900
Lake Bluff: Sleep Inn, 3250 Bittersweet Ave, 847-578-9900; Sunset Motel, 511 Rockland Rd, 847-234-4669; Harrison Conference Center, 136 Green Bay Rd, 847-295-1100
Highwood: Hotel Moraine, 700 N. Sheridan Rd, 847-433-5566
Lake Forest: Deer Path Inn, 255 E. Illinois Rd, 847-234-2280
Highland Park: Courtyard by Marriott, 1505 Lake-Cook Rd, 847-831-3338
Northbrook: Sheraton, 933 Skokie Blvd, 847-498-6500; Red Roof Inn, 340 Waukegan Rd, 847-205-1755
Morton Grove: Travel Lodge, 9424 Waukegan Road, 847-965-6400
Niles: Days Inn, 6450 W. Touhy Ave, 847-647-7700; Thriftlodge, 7247 Waukegan Rd, 847-647-9444
Chicago: for more information call Youth Hostel Chicago International, 6318 N Winthrop, 773-262-1011 or Hosteling International-Chicago, 24 E Congress Parkway, 312-360-0300. Also call: Chicago Office of Tourism at 312-744-2400.

Cue Sheet -- McHenry to Chicago-Navy Pier, 68 miles

Start: **McHenry**—Prairie Trail at Bull Valley Trail

Go	Dir	On	Miles	Total
L	E	Bull Valley Rd trail	2.2	2.2
R	SE	River Rd trail (to Moraine Hills SP entrance)	1.7	3.9
	SE	River Rd	1.3	5.2
L	NE	Dowell Rd	1.1	6.3
R	E	Neville Rd	0.8	7.1
R	S	Darrell Rd	1.8	8.9
L	E	Bonner Rd	3.6	12.5
L	N	Fairfield Rd	1.2	13.7
R	SE	Gilmer Rd	2.7	16.4
L	E	Hawley Rd trail - **Mundelein**	2.7	19.1
	E	Hawley Rd	1.5	20.6
R	S	Brice St	0.1	20.7
L	E	North Shore Path - **Lake Bluff**	7.5	28.2
R	S	McClory Trail - **Highland Park**	5.5	33.7
L	E	Clay Ave	0.1	33.8
R	S	Lakeview Ave	0.2	34.0
L	E	Walker Ave	0.2	34.2
R	S	St. John's Ave	0.2	34.4
R	W	Bloom St	0.2	34.6
L	S	McClory Trail	0.5	35.1
L	E	Vine Ave	0.1	35.2
R	S	St. John's Ave	0.8	36.0
L	SE	McClory Trail	2.3	38.3
R	W	Lake-Cook Rd - **Glencoe**	0.6	38.9
L	S	Through Chi. Botanical Garden (cross Dundee Rd at service entrance light, then go R)	1.1	40.0
R	W/S/SE	North Branch Trail	14.3	54.3
L	E	Devon Ave - **Chicago**	0.3	54.6
R	S/SE	Spokane Ave/ Leoti Ave	0.5	55.1
R	SW/SE	Leader Ave/ Lansing Ave	0.7	55.8
R	SW/SE	Clifford Ave/ Las Casas Ave	0.2	56.0
L	NE	Forest Glen Ave	0.3	56.3
R	SE/S	Kercheval Ave/ Kenton Ave	0.3	56.6
L	E	Bryn Mawr Ave	1.9	58.5
R	S	North Shore Channel Trail	0.8	59.3
R	W	Argyle St	0.1	59.4
L	S	North Shore Channel Trail	0.2	59.6
	S	Manor Ave	0.3	59.9
L	E	Wilson Ave	2.8	62.7
R	S	Chicago Lakefront Bike Trail	5.7	68.4

Lakefront Path at Navy Pier—**Chicago**

Another Alternate Route:
Des Plaines River Trail From Libertyville to Maywood, surface varies

Food *is available throughout this section.*

Emergency Information
State Police: 630-294-4400
and Hospitals: Dial 911

Bicycle Repair:

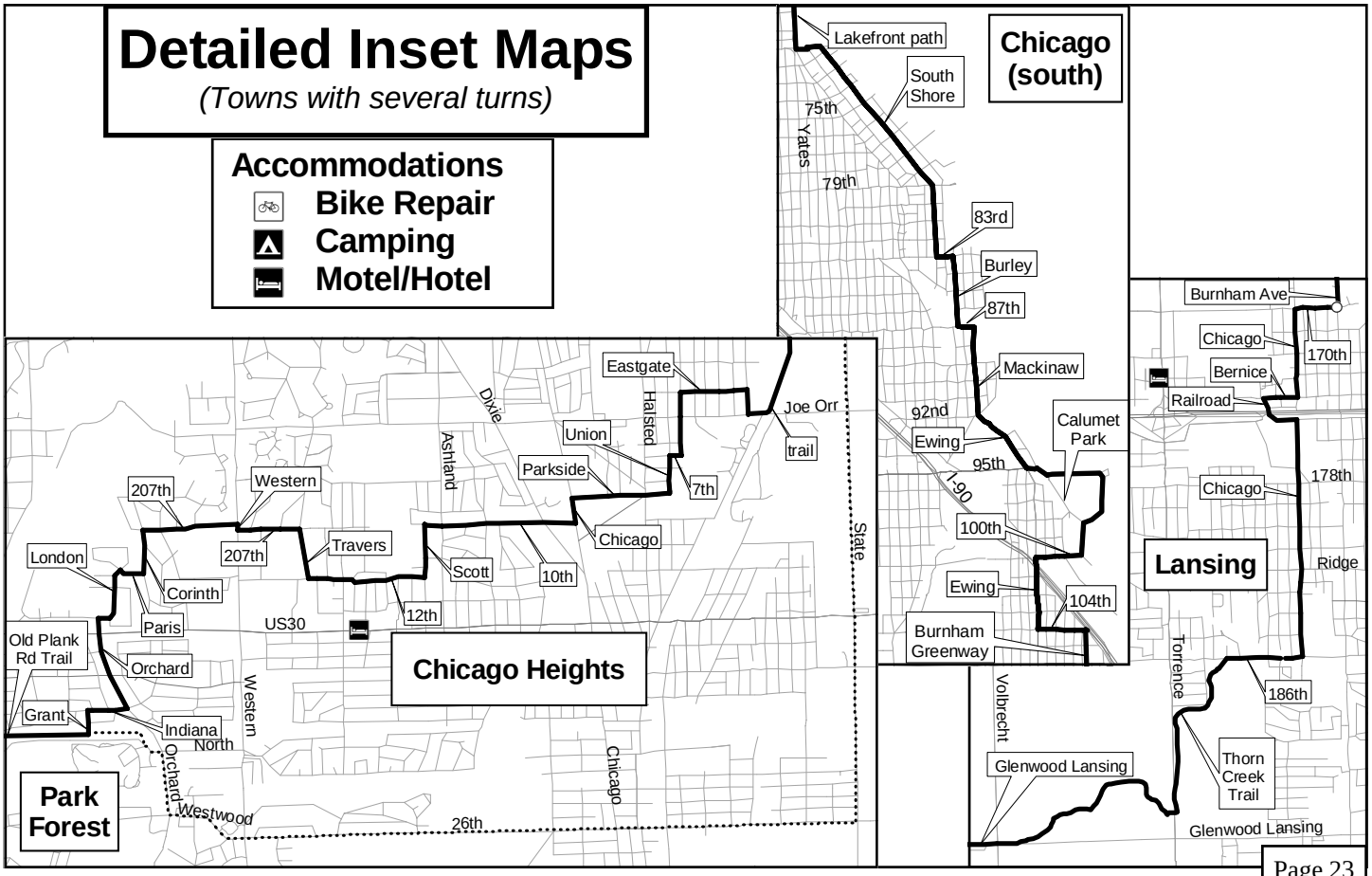
Mundelein: M & M, 337 N Scymour Ave, 847-566-2453
Libertyville: Garner Cyclery, 800 N Milwaukee, 847-362-6030; Chris Cycle Center, 130 Peterson, 847-680-9622; Libertyville Cyclery, 800 N. Milwaukee, 847-362-6030
Lake Forest: Kiddle's, 258 Market Square, 847-234-0025
Highland Park: Higher Gear, 1874 Sheridan, 847-433-2453; Alberto's Cycles, 1770 1st St, 847-432-0015; North Shore Spoke, 1855 Deerfield Rd, 847-831-5940
Winnetka: Alberto's Cycle, 952 Green Bay Rd, 847-446-2042; T.L. Fritts, 560 Chestnut St, 847-446-6694
Skokie: Al's, 8118 Lincoln, 847-673-0135; North Shore Cycle, 8337 Kilbourn, 847-675-2075
Niles: Amling's, 8140 Milwaukee , 847-692-4240; Village Bike Shoppe, 8746 Shermer, 847-965-7376
Chicago (area code 773 unless noted): Bike Stop, 1034 Belmont, 868-6800; Cycle Smithy, 2468 N Clark, 281-0444; Johnny Sprocket's, 3001 Broadway & 1052 Bryn Mawr, 244-1079; Kozy's, 3712 N Halsted, 281-2263; Mission Bay, 738 W Randolph, 312-466-9111; On the Route Bike, 3146 N Lincoln, 477-5066; Performance Bicycle Shop, 2720 N Halsted, 248-0107; Quick Release, 1623 N. Halsted, 871-3110; Rapid Transit, 1900 W North Ave, 227-2288; Upgrade, 1128 W Chicago, 226-8650; Urban Bikes, 4653 N. Broadway, 728-5212; Village Cycle, 1337 N Wells, 312-751-2488; Yojimbo's, 1310 N Clybourn, 312-587-0878

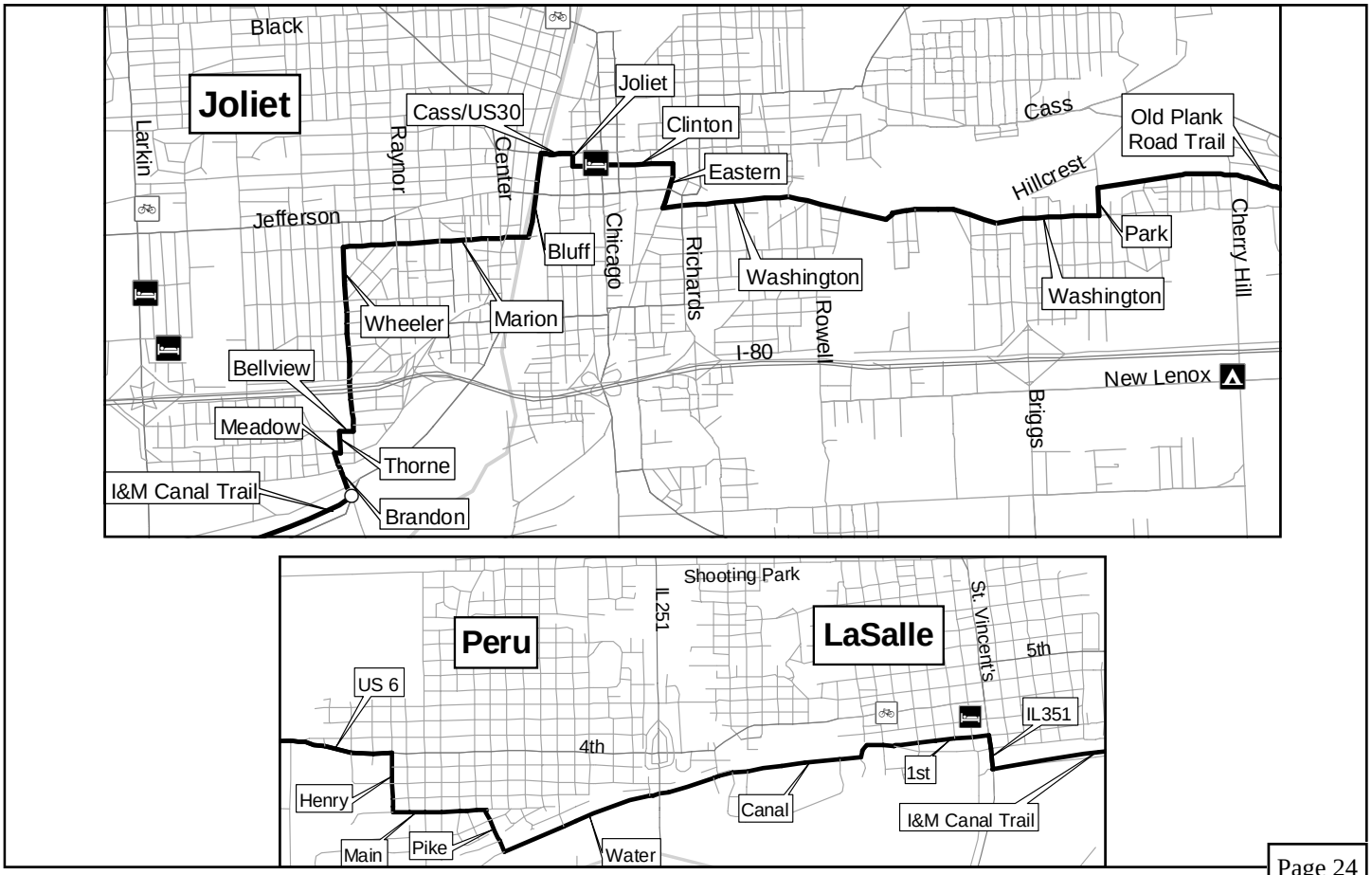
Detailed Inset Maps

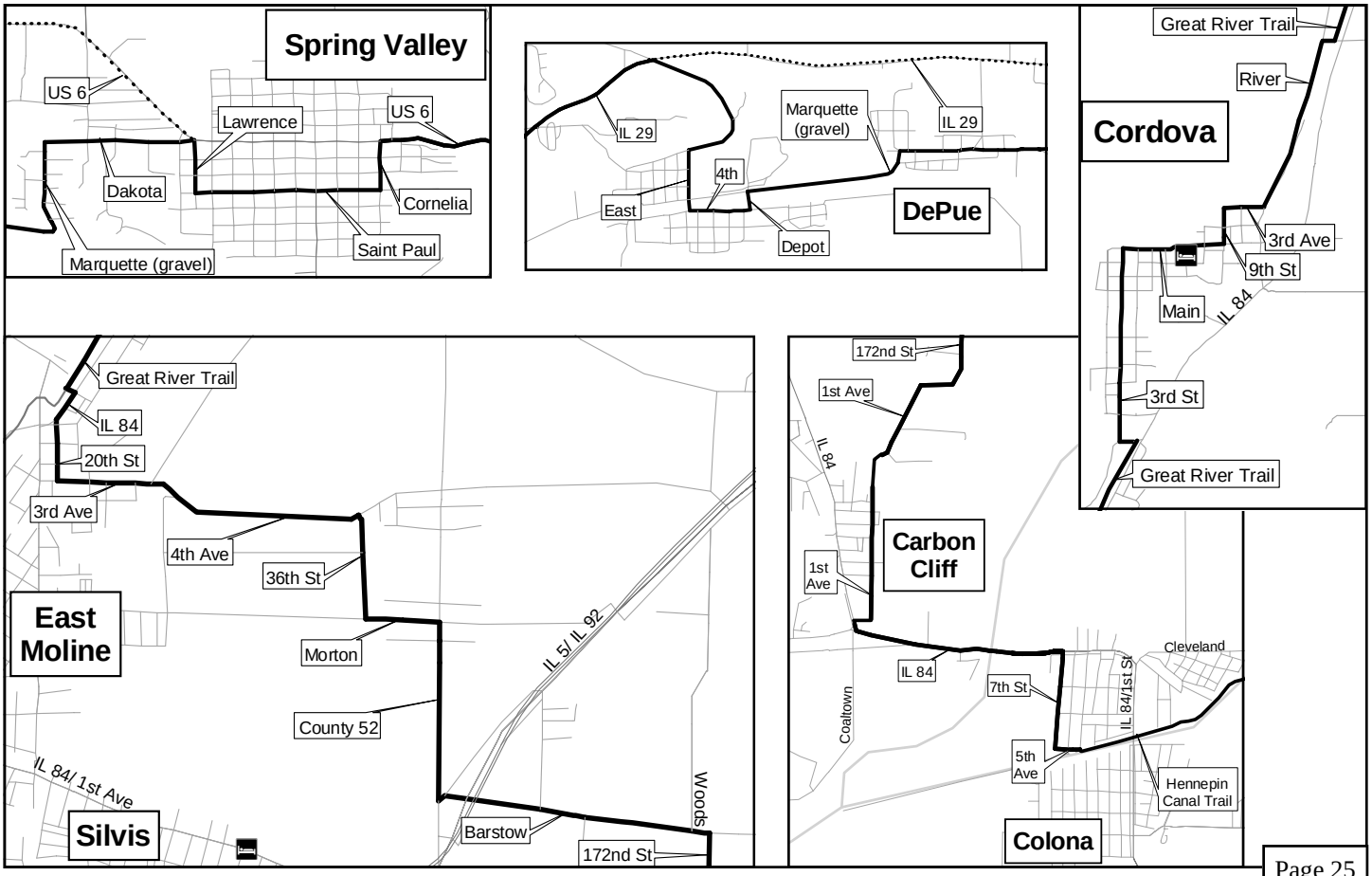
(Towns with several turns)

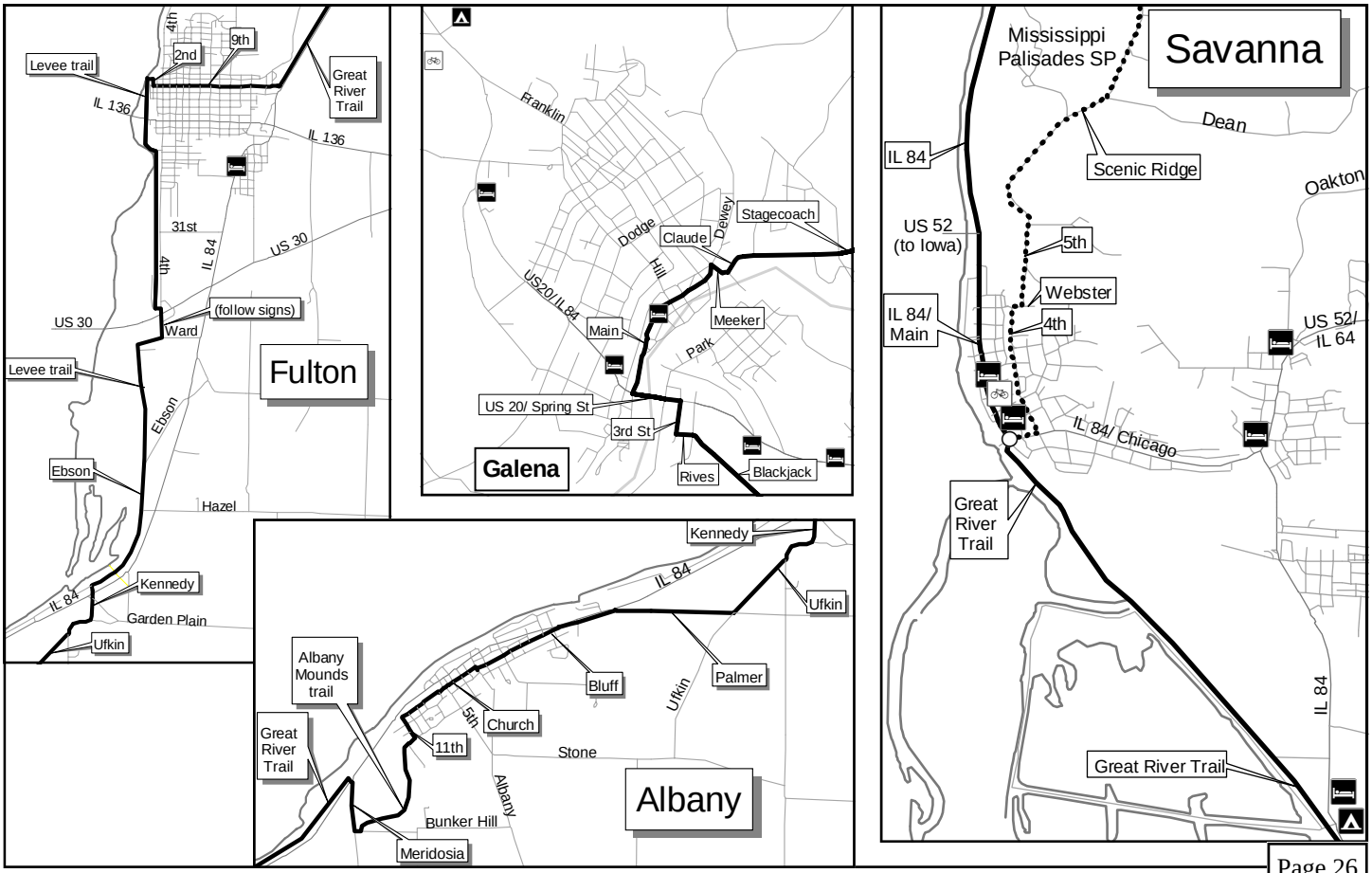
Accommodations

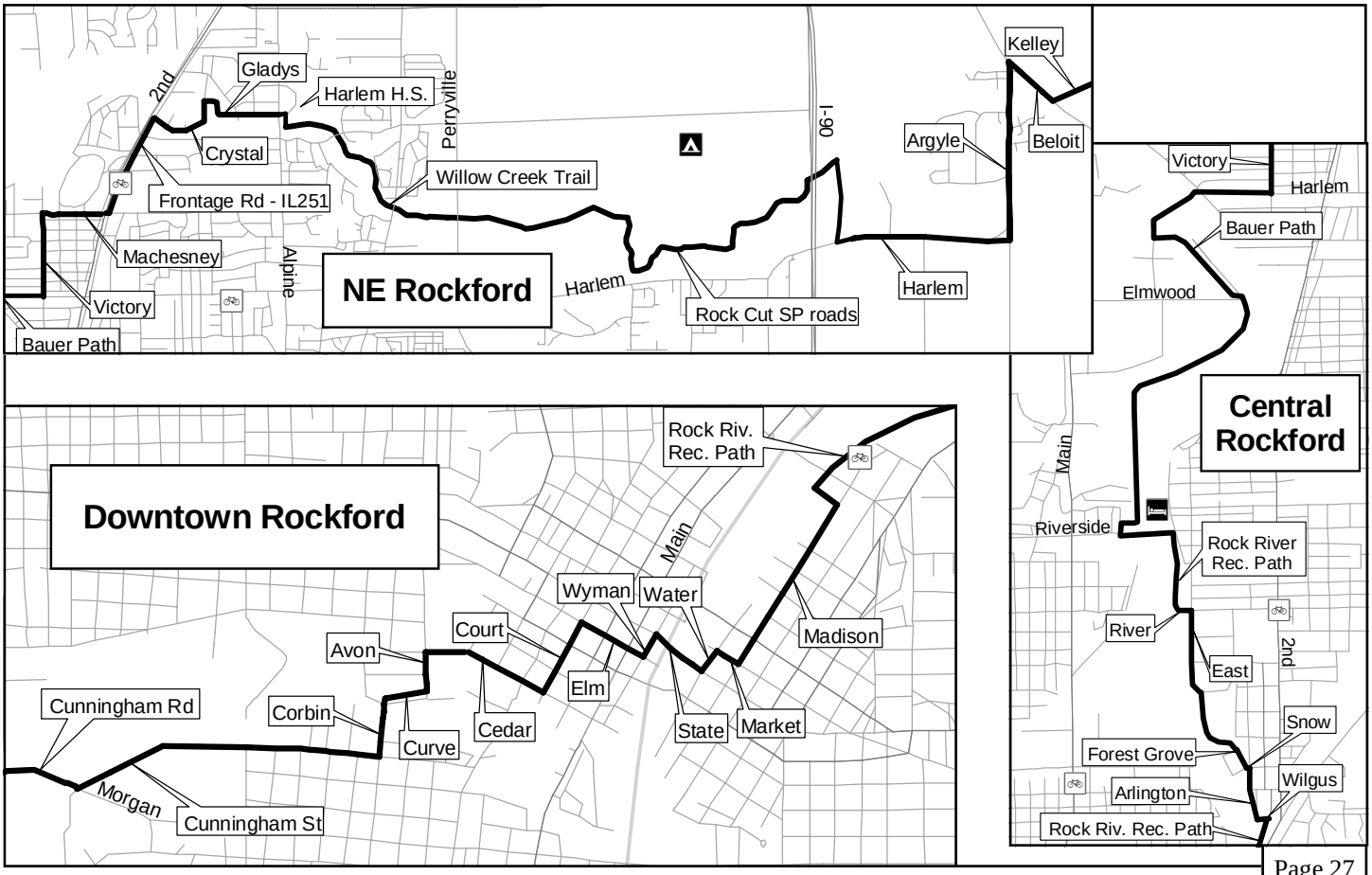
- Bike Repair
- Camping
- Motel/Hotel

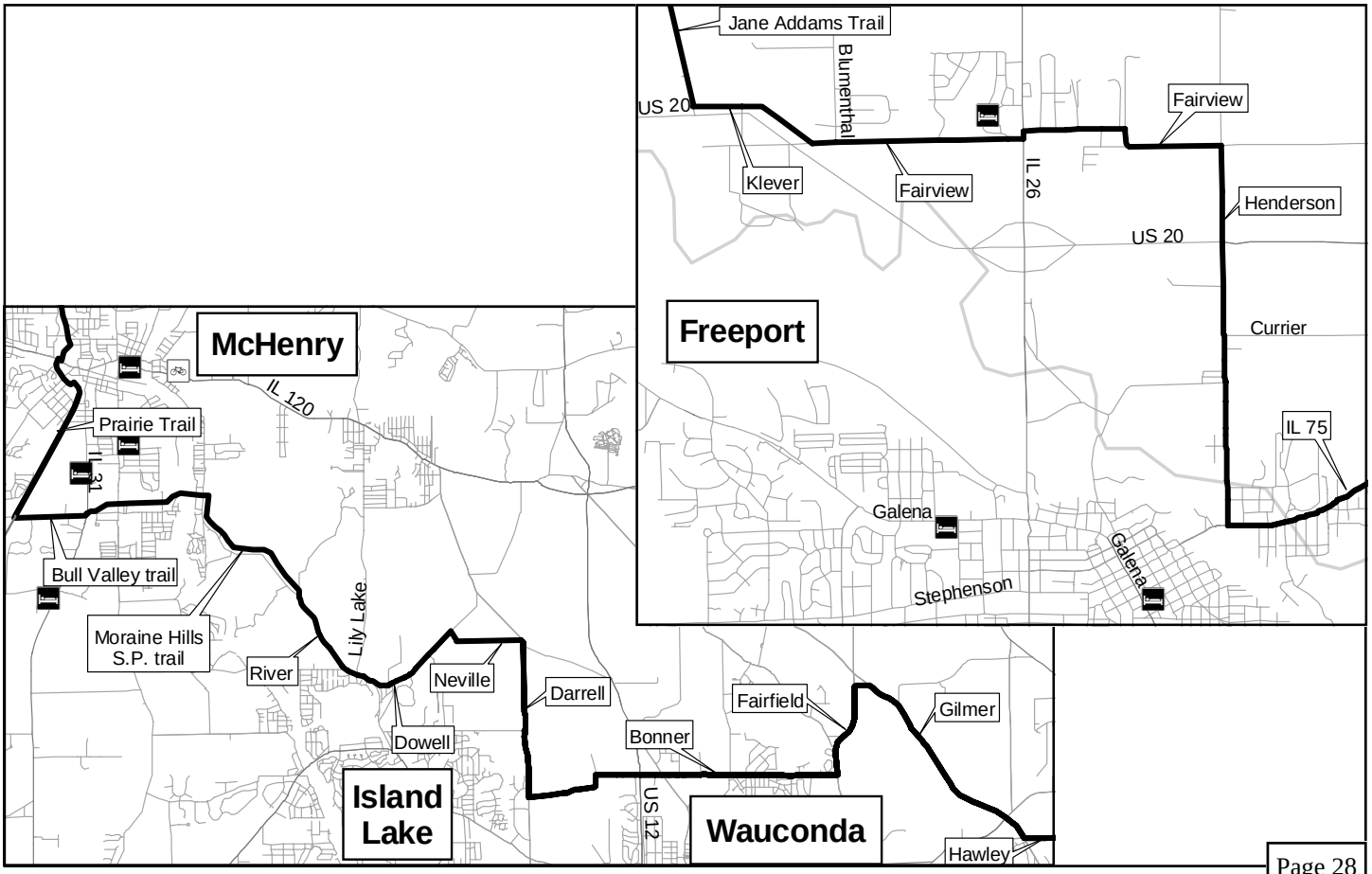


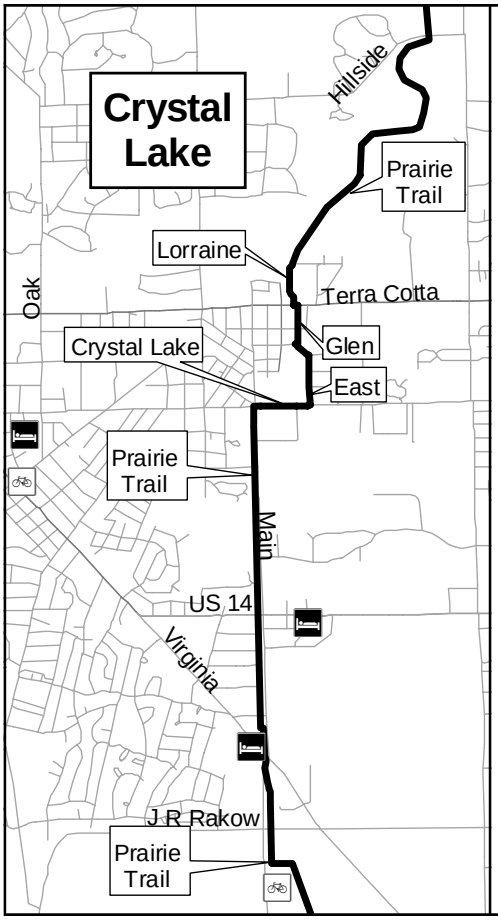



Spring Valley
US 6
Lawrence
US 6
Dakota
Cornelia
Saint Paul
Marquette (gravel)
IL 29
Marquette (gravel)
IL 29
4th
East
Depot
DePue
Great River Trail
River
Cordova
3rd Ave
9th St
Main
IL 84
3rd St
Great River Trail
Great River Trail
IL 84
20th St
3rd Ave
4th Ave
36th St
East Moline
Morton
IL 5/ IL 92
County 52
IL 84/ 1st Ave
Silvis
Barstow
172nd St
Woods
172nd St
1st Ave
IL 84
Carbon Cliff
1st Ave
IL 84
Cleveland
7th St
IL 84/1st St
Coaltown
5th Ave
Hennepin Canal Trail
Colona

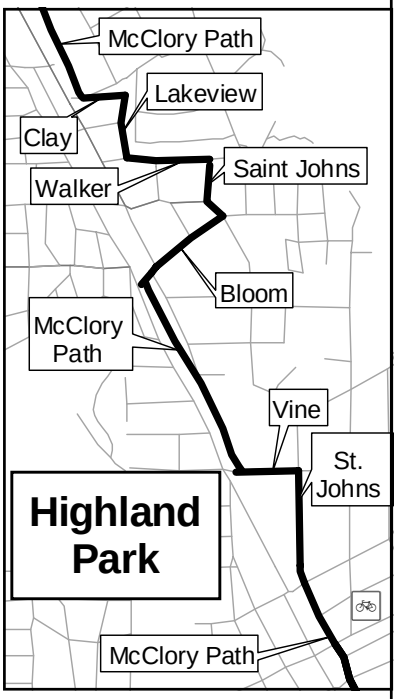

4th
9th
2nd
Levee trail
Great River Trail
IL 136
IL 136
31st
US 30
4th
IL 84
US 30
(follow signs)
Ward
Levee trail
Fulton
Ebson
Ebson
Hazel
IL 84
Kennedy
Garden Plain
Ufkin
Franklin
Stagecoach
Dodge
Claude
Dewey
Hill
US20/IL84
Main
Meeker
Park
US 20/ Spring St
3rd St
Rives
Blackjack
Galena
Kennedy
IL 84
Ufkin
Albany Mounds trail
Bluff
Palmer
Ufkin
Great River Trail
5th
Church
11th
Stone
Albany
Bunker Hill
Meridosia
Albany
Mississippi Palisades SP
Savanna
Dean
IL 84
Scenic Ridge
Oakton
US 52 (to Iowa)
5th
Webster
IL 84/ Main
4th
US 52/ IL 64
IL 84/ Chicago
Great River Trail
IL 84
Great River Trail

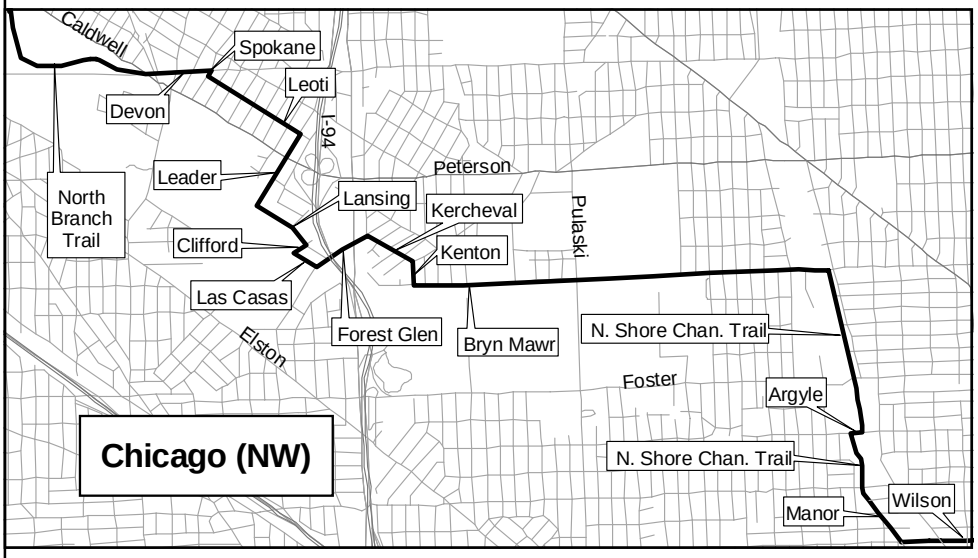

NE Rockford
Gladys
Harlem H.S.
2nd
Perryville
Crystal
Willow Creek Trail
Frontage Rd - IL251
Machesney
Alpine
Victory
Bauer Path
Harlem
Rock Cut SP roads
I-90
Argyle
Kelley
Beloit
Harlem
Victory
Harlem
Bauer Path
Elmwood
Central Rockford
Main
Riverside
Rock River Rec. Path
River
East
2nd
Snow
Forest Grove
Wilgus
Arlington
Rock Riv. Rec. Path
Downtown Rockford
Rock Riv. Rec. Path
Main
Wyman
Water
Madison
Court
Avon
Elm
Cedar
State
Market
Cunningham Rd
Corbin
Curve
Morgan
Cunningham St


Jane Addams Trail
Blumenthal
US 20
Fairview
Klever
Fairview
IL 26
Henderson
US 20
Currier
Freeport
IL 75
Galena
Galena
Stephenson
McHenry
IL 120
Prairie Trail
IL 31
Bull Valley trail
Moraine Hills S.P. trail
River
Lily Lake
Neville
Darrell
Dowell
Bonner
Fairfield
Gilmer
Island Lake
US 12
Wauconda
Hawley


Crystal Lake
Hillside
Prairie Trail
Lorraine
Oak
Terra Cotta
Crystal Lake
Glen
East
Prairie Trail
Main
US 14
Virginia
J R Rakow
Prairie Trail

I-90
Fox River Trail
Elgin
Dundee
Wing
Kimball
Grove
IL 25
Highland
IL 31
Villa
South
Fox River Trail
US 20
Fox River Trail to St. Charles
Illinois Prairie Path


McClory Path
Lakeview
Clay
Saint Johns
Walker
Bloom
McClory Path
Vine
St. Johns
Highland Park
McClory Path


Caldwell
Spokane
Leoti
Devon
I-94
Leader
Peterson
North Branch Trail
Lansing
Kercheval
Pulaski
Clifford
Kenton
Las Casas
Elston
Forest Glen
Bryn Mawr
N. Shore Chan. Trail
Foster
Argyle
Chicago (NW)
N. Shore Chan. Trail
Manor
Wilson

Augusta
Maywood
Thatcher
Chicago
Lake
Keystone
Hawthorne
Keystone
IL Prairie Path
1st
Washington
Madison
5th