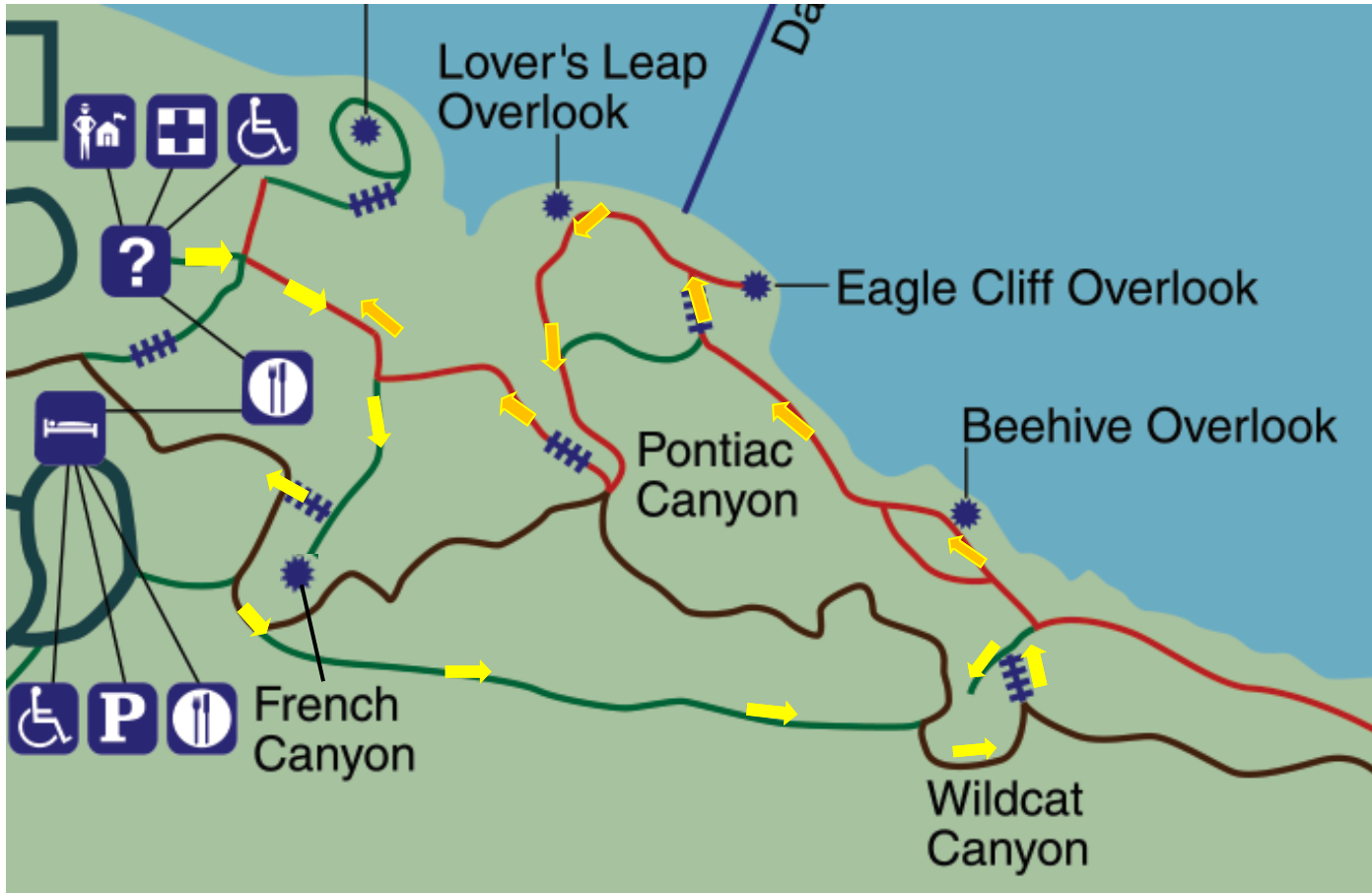


# French Canyon-Wildcat-Overlooks Trail



**Distance from ? Visitor Center :**  
2 miles roundtrip

**Difficulty:** Moderate (6 staircases). 1/2 of trail paved, 1/2 sandstone, dirt, or sand mixture.

**Walking Time:** 1.5 hour

## Trail Tidbits:

French Canyon is one of the first out of the 18 canyons visitors see while walking the eastern trails from the Visitor Center. The Campanula Trail is named after an Illinois wildflower which is fitting since this trail is a great sight to behold in the spring when woodland wildflowers are in bloom. Where French Canyon is 45 feet tall, Wildcat Canyon is the park's deepest canyon at 90 feet! Rock climbing, scaling canyon walls, swimming and wading in waterfalls is illegal and fineable at the park. The rock outcrops along Eagles Cliff and Lovers Leap Overlooks contain a variety of specific wildflowers and plants that thrive in sandy as well as rocky areas. The overlooks provide one of a kind viewing of the Illinois River including waterfowl, white pelicans, and bald eagles.